

# All 4 Nothing

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Hiroko Carlsson (AUS) - August 2022  
音乐: All 4 Nothing (I'm So In Love) - Lauv



Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))

(Intro: 32 count)

## [S1] Side Shuffle x3 (Roll to the side), Back Rock

1&2      Side shuffle to the right on R-L-R  
3&4      Make a 1/2 turn left side shuffle to the left on L-R-L (6:00)  
5&6      Make a 1/2 turn left side shuffle to the right on R-L-R (12:00)  
7 8      Rock back on L, Replace weight on R

## [S2] 1/2R Shuffle Back, Back Rock w/ Knee Pop, Rocking Chair

1&2      Making a 1/2 turn right shuffle back on L-R-L (6:00)  
3 4      Rock back on R (popping L knee), Replace weight on L  
5 6 7 8      Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

## [S3] Monterey 1/4R into Fwd Rock-Touch, Monterey 1/2L Turn

1 2      Point R to the right, Make a 1/4 turn right stepping L beside R (9:00)  
3&4      Rock forward on L, Replace weight on R, Touch L together  
5 6      Point L to the left, Make a 1/2 turn left stepping R next to L (3:00)  
7 8      Point R to the right, Touch R together

## [S4] Fwd Rock, Back-Lock-Back, Back-Lock-Back, Back, Together

1 2      Rock forward on R, Replace weight on L  
3&4      Step back on R, Lock/step L over R, Step back on R  
5&6      Step back on L, Lock/step R over L, Step back on L  
7&8      Step back on R, Step L together\*\*

## [S5] 2x Paddle Turn 1/4L, Cross Rock, Side w/ Drag-&

1 2      Step forward on R, Make a 1/4 turn left recover weight on L (12:00)  
3 4      Step forward on R, Make a 1/4 turn left recover weight on L (9:00)  
5 6      Rock/across R over L, Replace weight on L  
7 8&      Big step R to the side, Dragging L close to R, Step L in place

## [S6] Weave L, Cross Rock, 1/4R, 1/4R

1 2 3 4      Cross R over L, Step L to the side, Step R behind L, Step L to the side  
5 6      Rock/across R over L, Replace weight on L  
7 8      Making a 1/4 turn right stepping forward on R, Making a 1/4 turn right stepping L to the side (3:00)

## [S7] Behind, Side, Cross Rock, Scissor-Cross, Scissor-Cross

1 2 3 4      Step R behind L, Step L to the side, Rock/across R over L, Replace weight on L  
5&6      Step R to the side, Step L close to R, Cross R over L  
7&8      Step L to the side, Step R close to L, Cross L over R

## [S8] Side, Touch, Side, Touch-1/2R, Side, Touch, Side, Scoop (to the right)

1 2      Step R to the side, Touch L next to R  
3 4&      Step L to the side, Touch R next to L, Make a sharp 1/2 right turn on ball of L foot (9:00)  
5 6      Step R to the side, Touch L next to R

7 8

Step L to the side, Scoop R to the side

**Restart on Wall 5 count 32\*\* (3:00)**  
The dance finishes at 12:00 o'clock.

(updated: 4/Jul/22)

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