

Tacones Rojos

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jérôme Ciurana (FR) - August 2022
音乐: Tacones Rojos - Sebastián Yatra & John Legend



Déscriptif : 16 counts from the beginning or 7 sec do 4 wall complete and the 16 first counts [5WF3H] then do the dance at the end.

CW rotation

[1-8] SIDE, TOGETHER, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE 1/4 TURN

1-2 Step RIGHT to right side, Step LEFT beside right
3&4 Step RIGHT to right side, Step LEFT beside right, Step RIGHT to right side {chasse}
5-6 Cross LEFT over right, Recover weight to right
7&8 Step LEFT to left side, Step RIGHT beside left, 1/4 turn left and step LEFT forward

[9-16] STEP 1/4 TURN, STEP 1/4 TURN, KICK BALL CHANGE X 2

1-2 Step RIGHT forward, Pivot 1/4 turn left (ends weight on left)
3-4 Step RIGHT forward, Pivot 1/4 turn left (ends weight on left)
5&6 Kick RIGHT forward, Ball of RIGHT foot beside left, Change weight on LEFT {kick ball change)
7&8 Kick RIGHT forward, Ball of RIGHT foot beside left, Change weight on LEFT {kick ball change)

[17-24] RIGHT SHUFFLE FORWARD, ROCK STEP, LEFT SHUFFLE BACKWARD, ROCK STEP BACK

1&2 Step RIGHT forward, Step LEFT next to right, Step RIGHT forward {shuffle}
3-4 Step LEFT forward, Recover weight on RIGHT {rock step}
5&6 Step LEFT backward, Step RIGHT next to left, Step LEFT backward {shuffle}
7-8 Step RIGHT back, Recover weight on LEFT {rock step}

[25-32] V STEP (ON HEELS), BUMP RIGHT, LEFT, RIGHT, LEFT (DIP ON THE 4 BUMPS)

1-2 RIGHT heel forward on right diagonal, LEFT heel to left
3-4 Step RIGHT back to center, Step LEFT beside right
5-6 Push hip to right, Push hip to left
7-8 Push hip to right, Push hip to left

Style : bend knees on counts 5 to 8

SMILE WHEN YOU DANCE !!!!!!!

Les références des heures ne valent que sur le premier mur

Association spirit of country : spiritofcountry@hotmail.fr