Despechá AB

拍数: 32

级数: Absolute Beginner

编舞者: Joan Morro (ES) - August 2022 音乐: DESPECHÁ - ROSALÍA

Intro: 16 counts

[1-8] JAZZ BOX ¼ TURN R, TOUCH X 2 FWD & BWD

- RF Cross over L, LF step bwd with 1/4 turn L (3.00) 1-2
- 3-4 RF Step side R, LF step close near RF
- 5-6 RF Touch fwd, RF step in place
- 7-8 LF ¹/₂ turn L and touch fwd, LF step in place (9.00)

[9-16] JAZZ BOX, TOUCH X 2 FWD & BWD

- RF Cross over LF, LF step bwd, RF step side R, LF Step close near RF 1-4
- 5-6 RF Touch fwd, RF step in place
- 7-8 LF ¹/₂ turn L and touch fwd, LF step in place (3.00)

[17-24] STEP FWD X 3, HITCH, TOUCH, HITCH, STEP BWD, TOUCH

- 1-3 RF Step fwd, LF Step fwd, RF Step fwd
- 4-6 LF hitch fwd, LF touch bwd, LF hitch fwd (in these steps you must use sexy movements)
- 7-8 LF step bwd, RF touch near LF

[25-32] STEP RIGHT, STEP TOGETHER, STEP RIGHT, TOUCH, SWAY X 3, BRUSH (ARM MOVEMENTS)

- RF step side R and bring both arms forward 1
- 2 LF Step together RF and cross your arms over your chest, right hand over left shoulder and vice versa
- 3 RF Step side R uncross your arms by placing your right hand on your right shoulder and vice versa
- 4 LF Touch near RF raise both your arms up
- LF Step side LF & sway, RF Recover & sway, LF Recover & sway, RF brush near LF 5-8

BA: During the 3 counts that you do the sways, you must, you must lower your hands around your body until you reach your waist at the moment you do the Brush

ENDING: when the music ends you will be looking at 18.00, then you must turn around and end up facing forward.

ENJOY THE DANCE AND BE A MOTOMAMI





墙数:4