

Sail Along-2022

COPPER KNOB
STEPPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kristinawati (INA) - July 2022
音乐: Sail Along, Silvery Moon - Andy Williams



Intro: 8 count - No Tag no Restart

Sec 1. SIDE ROCK-CHASSE-SIDE ROCK-CHASSE

1-2, 3&4 Rock R to side, recover on L, step R to side, step L together, step R to side.
5-6, 7&8 Rock L to side, recover on R, step L to side, step R together step L to side.(12.00)

Sec 2. FORWARD ROCK-COASTERSTEP-FORWARD ROCK-COASTERSTEP

1-2, 3&4 Rock R forward, recover to L, step R back, step L back together, step R forward.
5-6, 7&8 Rock L forward, recover on R, step L back, step R back together, step L forward.(12.00)

Sec 3. 1/4 JAZZ BOX-TOGETHER-SWAY

1-4 Cross R over L, 1/4 turn to right step L back, step R to side, step L together.(03.00)
5-8 Step R to side and sway(R-L-R-L).(03.00)

Sec 4. SIDE ROCK-COASTERSTEP

1-2, 3&4 Rock R to side, recover on L, step R back, step L back together, step R forward.
5-6, 7&8 Rock L to side, recover on R, step L back, step R back together, step L forward.(03.00)
