

We're Livin' That Good Life (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Improver Circle Partner
编舞者: Dan Albro (USA) - 20 July 2022
音乐: Livin' That Good Life - Cale Dodds



Choreographed especially for our 30th Country Dance Anniversary of "Livin' the Good Life"!!!!

Intro: 16 counts

Start: Single Hand Hold, Man facing OLOD, Ladies facing ILOD

Mens footwork described, Lady opposite footwork except where noted

[1-8] HEEL SWITCHES, HOLD, TURN THE LADY, SHUFFLE

1&2& Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R
3,4 Touch R heel fwd, hold
5,6 MAN: Step R next to L, turn ¼ right stepping L next to R
7&8 MAN: Step side R, step L next to R, step side R (facing BLOD)
5,6, LADY: Turn ¼ left stepping fwd L BLOD of your partner, turn ¼ left stepping back R
7&8 LADY: Turn ¼ left stepping side L, step R next to L, step side L (facing FLOD)

Hands: Count 5 lady turns under man's right, Count 7 switch hands

[9-16] ROCK, REPLACE, SHUFFLE SIDE, ROCK, REPLACE, SHUFFLE SIDE

1,2,3&4 Rock L over R, replace weight on R, step side L, step R next to L, step side L
5,6,7&8 Rock R over L, replace weight on L, step side R, step L next to R, step side R

Hands:

Count 3 pick up Man's left, Lady's right releasing others

Count 6 Lady puts her right in Man's right

[17-24] LADY TURNS, SHUFFLE FWD, WALK, WALK, SHUFFLE FWD

1,2 MAN: Turn ¼ right stepping L next to R, turn ¼ right stepping R next to L
3&4 MAN: Step fwd L, step R next to L, step fwd L
1,2 LADY: Turn ¼ left stepping side R, turn ¼ left stepping fwd L
3&4 LADY: Step fwd R, step L next to R, step fwd R
5-7&8 Step fwd R, step fwd L, step fwd R, step L next to R, step fwd R

Hands: Count 2 right hands go over Lady's head, count 3 pick up left under

[25-32] LADY TURNS IN FRONT, SHUFFLE FWD, WALK AROUND ¾

1-3&4 MAN: Rock back on L, replace weight on R, step fwd L, step R next to L, step fwd L
1 LADY: Cross in front of Man turning ¼ right stepping fwd R
2,3 LADY: Turn ½ right stepping back L, turn ¼ right stepping fwd R
&4 LADY: Step L next to R, step fwd R (Then walk around clockwise 5,6,7,8)
5,6 Turn ¼ left stepping fwd R, turn ¼ left stepping fwd L
7,8 Turn ¼ left stepping fwd R, step fwd L (walking around moving BLOD)

Hands:

Count 2 right hands go over Lady's head into side by side position

Count 4 release hands, on count 8 pick up Mans right-Lady's left