

Rackin Horse

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 2 级数: Beginner / Improver
编舞者: Kristin Clove (USA) - July 2022
音乐: Rackin Horse - Nitty Gritty GR



Dance starts after beginning (4) 8 counts - No tags - No restarts

#1st 8 count

1234 (Right Hand in holding reins position) Jump feet right left landing apart pony center, jump feet right left with 1/4 turn right feet apart pony
5678 paddle right foot 3x's back to front wall - On count 8 flick left foot crossing behind right

#2nd 8 count

1234 Slide left, together right, bounce touch left foot to left side, bring left foot into right touch feet together
5678 Slide right, together left, bounce touch right foot to right side, bring right foot back left making 1/4 turn to right wall

#3rd 8 count

1234 body roll from bottom to top with right hand at (grabbing reins) position, Right Heel jacks forward 2x,
5678 touch right toe back, step right forward, Forward left foot heel jack, step left back

#4th 8 Count

1234 Hitch right knee up and bounce twice on left leg, 3&4 right foot triple to back
5678 rock back left foot, recover right, step left forward, bring right into left making 1/4 turn to back wall

Restart to back wall
