

Love For Life (有生之恋)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Diana Liang (CN) - July 2022
音乐: You Sheng Zhi Lian (有生之恋) - Yun Duo (云朵)



Thanks to Jindoudou for referring this beautiful song to me!

Intro: 20

S1: Cross Anchor Sweeping, Serpiente, Extended Cross Shuffle

1&2 cross rock Rf over Lf, recover to Lf, recover back to Rf sweeping Lf forward
3&4 cross Lf over Rf, step Rf to R side, step Lf behind Rf sweeping Rf back
5& step Rf behind Lf, step Lf to L side
6& cross Rf over Lf, step Lf to L side
7&8 cross Rf over Lf, step Lf to L side, cross Rf over Lf

S2: 1/4R Mambo Forward, Mambo Back, Spiral, Run x 2, Forward Mambo, Together

1&2 turn ¼ to R stepping Lf forward, 3H, recover to Rf, step Lf back
3&4 step Rf back, recover to Lf, step Rf forward
5-6& step Lf forward making a full spiral to R, run Rf forward, run Lf forward
7&8& step Rf forward, recover to Lf, step Rf back, step Lf next to Rf

Bridge here with 2 Counts during W2/W5 as below:

B1& rock Rf forward, recover to Lf

B2& rock Rf to R side, recover to Lf

Restart here facing 12H during W4 , after change the 8& counts to below:

8& turn ¼ to R stepping Rf to R side, step Lf next to Rf

S3: Cross Point RL, 1/2R Cross Point, Cross Shuffle

1-2 cross Rf over Lf, point Lf to L side
3-4 cross Lf over Rf, point Rf to R side
5-6 turn ¼ to R stepping Rf in place. 6H, turn ¼ to R pointing Lf to L side
7&8 cross Lf over Rf, step Rf to R side, cross Lf over Rf

S4: Syncopated Rumba Box, Shuffle (or Lock) Forward Tap Behind, Back, Back, 1/2R, 1/4R

1&2 step Rf to R side, step Lf next to Rf, step Rf back
3&4 step Lf to L side, step Rf next to Lf, step Lf forward
5&6& step Rf forward, step Lf next to (or behind) Rf, tap Lf behind Rf
7-8& step Lf back, turn ½ to R stepping Rf forward, turn ¼ to R stepping Lf to L side

Tag here with 2 Counts at the end of W1/W2/W5 as to below:

T1-2 step Rf to R side swaying to R, sway to L dragging Rf towards Lf

Ending: @the end of S3 during W8, with steps change to the counts 6-8 as below:

E6-8 point Lf to L side, drag Lf towards Rf over 2 counts, finish facing 12H

Thanks and happy dancing!

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