

# Speed of the South

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Diana Oglesby (USA) - July 2022  
音乐: Speed of the South - Adam Hood



**Intro: 16 Counts, start with weight on R**

**\*1 Restart on wall 3 after 16 counts, with step change (see below)**

**S1 (1-8) L FWD, TAP R, R BACK, L HEEL FWD, L FWD, TAP R, STEP R BACK, L HEEL FWD, L DOWN, TOUCH R TOGETHER**

1-4                      Step L forward (1), tap R behind (2), step R back (3), touch L heel forward (4)  
5-6&7&8              Step L forward (5), tap R behind (6), step R back (&), touch L heel forward (7), step L down (&) touch R together (8)

**S2 (9-16) STEP R SIDE, TOUCH L, L COASTER, R FWD AND TURN ¼ L, TOUCH L, L COASTER**

1-2                      Step R side (1), touch L together (2)  
3&4                      Step L back (3), step R together (&), step L forward (4)  
5-6                      Step R forward and turn ¼ L (5), touch L together (6) (9:00)  
7&8                      Step L back (7), step R together (&), step L forward (8)

**\*Restart here on wall 3, with step change (see below)**

**S3 (17-24) R SIDE, CROSS L BEHIND, R SIDE, L HEEL FWD, HOLD, L TOGETHER, TOUCH R, R DOWN, L HEEL FWD, L TOGETHER, TOUCH R, R DOWN, L HEEL FWD**

1-2-&3-4              Step R side (1), cross L behind (2), step R side (&), touch L heel diagonally forward (3), hold (4)  
&5&6&7&8              Step L together (&), touch R together (5), step R down (&), touch L heel diagonally forward (6), step L together (&), touch R together (7), step R down (&), touch L heel diagonally forward (8)

**S4 (25-32) L COASTER, R FWD, TURN ¼ L AND STEP L SIDE, R SIDE, TOUCH L TOGETHER, L SIDE, R SIDE**

1&2                      Step L back (1), step R together (&), step L forward (2)  
3-4                      Step R forward (3), turn ¼ L and step L side (4) (6:00)  
5-6                      Step R side (5), touch L together (6)  
7-8                      Step L side (7), step R side (8)

**S5 (33-40) L HEEL FWD TWICE, ¼ L TURNING SAILOR, R HEEL FWD TWICE, ¼ R TURNING SAILOR**

1-2                      Touch L heel diagonally forward twice (1-2)  
3&4                      Cross L behind (3), turn ¼ L and step R side (&), step L side (4) (3:00)  
5-6                      Touch R heel diagonally forward twice (5-6)  
7&8                      Cross R behind (7), turn ¼ R and step L side (&), step R side (8) (6:00)

**S6 (41-48) STEP L FWD, STEP R TOGETHER, ¾ L TURNING SHUFFLE, ROCK R FWD, RECOVER, R COASTER**

1-2                      Step L forward (1), step R together (2)  
3&4                      ¾ L turning shuffle (L-R-L) (3&4) (9:00)  
5-6                      Rock R forward (5), recover to L (6)  
7&8                      Step R back (7), step L together (&), step R forward (8)

**REPEAT**

**\*1 Restart on wall 3 after 16 counts. The wall starts at 6:00 and the restart begins at 3:00. For counts 7&8 in S2, instead of the coaster, step L side (7), step R together (8). This will allow you to prepare your L foot to restart.**

Ending: The dance ends 32 counts into wall 6. You will be facing the beginning wall when the dance ends.

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