

# Can't Keep Up

拍数: 32      墙数: 4      级数: Improver  
编舞者: Donna Manning (USA) - July 2022  
音乐: Can't Keep Up - Brett Eldredge



**NO tags or restarts...(hoooooray!! I know) - (counter clockwise)**

**Sec. 1 (1-8) Kick, Behind, ¼ Turn, ¼ Turn, Hitch (or kick), Cross, Back, Side**

- 1,2,3,4      Kick L to fwd outside diagonal, step L behind R, ¼ turn r stepping R slightly fwd (3:00), ¼ turn r stepping L slightly to L side (6:00)  
5,6,7,8      Hitch R (or kick R fwd), cross R over L, step L back, step R slightly to R side but under your shoulder width – stay square with wall(6:00)

**Sec. 2 (9-16) Step, Heel-toe walk, Step, Heel-toe walk**

- 1,2-3-4      Step L to L fwd diagonal, walk your R ft to L ft moving heel, toes, heel  
5,6-7-8      Step R to R fwd diagonal, walk your L ft to R ft moving heel, toes, heel (weight stays on the R ft)(6:00)

**Sec. 3 (17-24) Kick, Step, Rock-Recover, Kick, Step, Rock-Recover**

- 1,2,3-4      Kick L fwd, step down on L, Side Rock R, Recover to L moving slightly fwd  
5,6,7-8      Kick R fwd, step down on R, Side Rock to L, Recover to R moving slightly fwd (angle body slightly R)(6:00)

**Sec. 4 (25-32) Cross Rock, Recover, ¼ Turn, Step, ½ Turn, Step, Stamp**

- 1,2,3-4      Cross Rock L over R, recover to R, ¼ turn L stepping L fwd, pause  
5,6,7,8      Step R fwd, ½ turn L taking weight to L, step R slightly to the side of L, stamp L (stomp not taking weight) next To R (angle body to the L)(9:00)

**EOD ...End of dance! Smile, have fun, REPEAT!**

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