

# Atlantic Cha

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Hayley Wheatley (UK) & Rob Holley (USA) - July 2022  
音乐: Bury Me In Blue Jeans - Midland : (CD: The Last Resort: Greetings From - iTunes)



Intro: 24 (start vocals)

## [1-8] WALK FORWARD (3X), ROCK RECOVER ¼ TURN STEP, CROSS, SIDE, BEHIND SIDE ROCK

1-2-3      Step R forward (1), step L forward (2), step R forward (3)  
4&5      Rock L forward (4), recover weight on R (&), turn ¼ L & step L to L side (5) (9:00)  
6-7      Cross R over L (6), step L to L side (7)  
8&1      Step R behind (8), step L to L side (&), cross rock R over L (1) (7:30)

## [9-16] RECOVER, BALL STEP, CROSS ROCK RECOVER, BALL STEP, FWD ROCK RECOVER, STEP BACK, HIP BUMPS, BALL STEP

2      Recover weight on L (2)  
&3-4      Step ball of R next to L (&), cross rock L over R (3), recover weight to R (4) (10:30)  
&5-6      Step ball of L next to R (&), rock R forward (5), recover weight on L (6) (9:00)  
7&8      Step R back touching L toe fwd (7), rock/push hips slightly forward (&), rock/push hips back (8)  
&      Step ball of L next to R (&)

**\*Restart here on walls 3 & 7, see note\***

## [17-24] WALK, WALK, ½ TURN STEP BACK, SHUFFLE BACK, ¼ TURN, SIDE TOUCHES (3X)

1-2-3      Step R forward (1), step L forward (2), turn ½ L & step R back (3) (3:00)  
4&5      Step L back (4), step R next to L (&), step L back (5)  
&6      Turn ¼ R & step R to R side (&), touch L next to R (6) (6:00)  
&7      Step L to L side (&), touch R next to L (7)  
&8      Step R to R side (&), touch L next to R (8)

## [25-32] BALL CROSS, ¼ TURN STEP, ¼ TURN STEP, BEHIND, 1/4 TURN STEP, STEP, ROCK RECOVER, COASTER STEP

&1      Step L next to R (&), cross R over L (1)  
2      Turn ¼ L & step L forward (2) (3:00)  
3      Turn ¼ L & step R to R side (3) (12:00)  
4&5      Step L behind R (4), turn ¼ R & step R forward (&), step L forward (5) (3:00)  
6-7      Rock R forward (6), recover weight on L (7)  
(Styling option – replace rock recover with a body roll)  
8&      Step R back (8), step L back (7)

**NOTE: On restart #1 you'll be facing 3:00, on restart #2 you'll be facing 9:00.**

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