

Home Forever

拍数: 32 墙数: 4 级数: Beginner
编舞者: Per M. Koch (DK) - July 2022
音乐: Forever and Ever, Amen - Home Free



Intro: Start after 8 counts - app. 6 sec. Start with weight on L foot
No tags - no restarts

[1 - 8] 2 x ½ rhumba box forward, 2 x ½ rhumba box back

1&2 Step R to R side (1), step L beside R (&), step forward on R (2) 12:00
3&4 Step L to L side (3), step R beside L (&), step forward on L (4) 12:00
5&6 Step R to R side (5), step L beside R (&), step back on R (6) 12:00
7&8 Step L to L side (7), step R beside L (&), step back on L (8) 12:00

[9 - 16] ¼ R chassé R, ¼ R chassé L, ¼ R chassé R, ¼ R chassé L

1&2 Turn ¼ R stepping R to R side (1), step L beside R (&), step R to R side (2) 3:00
3&4 Turn ¼ R stepping L to L side (3), step R beside L (&), step L to L side (4) 6:00
5&6 Turn ¼ R stepping R to R side (5), step L beside R (&), step R to R side (6) 9:00
7&8 Turn ¼ R stepping L to L side (7), step R beside L (&), step L to L side (8) 12:00

[17 - 24] R cross rock, chassé R, L cross rock, chassé ¼ L

1 - 2 Cross rock R over L (1), recover on L (2) 12:00
3&4 Step R to R side (3), step L beside R (&), step R to R side (4) 12:00
5 - 6 Cross rock L over R (5), recover on R (6) 12:00
7&8 Step L to L side (7), step R beside L (&), make ¼ turn L stepping fw on L (8) 9:00

[25 - 32] Cross point, cross point, R jazz box, cross

1 - 4 Cross R over L (1), point L to L side (2), cross L over R (3), point R to R side (4) 9:00
5 - 8 Cross R over L (5), step back on L (6), step R to R side (7), cross L over R (8) 9:00

START AGAIN

Ending: Wall 9 is your last wall (start facing 12:00). When doing chassé L [counts 23 - 24] don't turn ¼

The music ends with "Amen" - walk fwd R (A), fwd L (men)