

Old Dream (旧梦)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Stephanie Lim (MY), Ivy Tang (MY) & Adeline Chang (MY) - 16 July 2022
音乐: Old Dream (旧梦) (DJ默涵版) - Liu Xiao Chao (刘晓超)



Intro: 16 Counts (App. 8 Seconds Into Track)

*16 Counts Tag After Wall 10 Facing 6:00

SECTION 1: STEP TOUCH, STEP KICK, ROCK BACK RECOVER X2 FLICK

1 2 3 4 Step RF Forward(1), Touch L Toe Behind RF(2) , Step LF Back(3), Kick RF Forward(4)
5 6 7 8 Rock RF Back(5), Recover On LF(6) , Rock RF Back(7), Recover On LF & Flick RF(8) 12:00

SECTION 2: STEP TOUCH R&L, ROCK RECOVER, BACK TOGETHER

1 2 3 4 Step RF Forward(1), Touch L Toe to L(2), Step LF Forward(3), Touch R Toe to R(4)
5 6 7 8 Rock RF Forward(5), Recover On LF(6), Step RF Back(7), Step LF Beside RF(8) 12:00

SECTION 3: BIG STEP HOLD, ROCK BACK RECOVER, BIG STEP HOLD, KNEE POP

1 2 3 4 Big Step RF to R(1), Hold(2), Rock LF Back(3), Recover On RF(4)
5 6 7 8 Big Step LF to L(5), Hold(6), Step RF Beside LF(7), Step LF In Place(8)

SECTION 4: CROSS ROCK RECOVER, SIDE CHASSE 1/4 R TURN, PIVOT 1/2 R TURN, FORWARD SHUFFLE

1 2 3&4 Cross RF Over LF(1), Recover On LF(2), Step RF To R(3), Step LF Beside RF(&), 1/4 R Turn Step RF Forward(4) 3:00
5 6 7&8 Step LF Forward (5), 1/2 R Turn Step RF Forward(6), Step LF Forward(7), Step RF Beside LF(&), Step LF Forward(8) (9:00)

TAG: REPEAT LAST 16 COUNTS (SECTION 3 & SECTION 4) AFTER WALL 10 FACING 6:00

SECTION 3: BIG STEP HOLD, ROCK BACK RECOVER, BIG STEP HOLD, KNEE POP

1 2 3 4 Big Step RF to R(1), Hold(2), Rock LF Back(3), Recover On RF(4)
5 6 7 8 Big Step LF to L(5), Hold(6), Step RF Beside LF(7), Step LF In Place(8)

SECTION 4: CROSS ROCK RECOVER SIDE CHASSE 1/4 R TURN, PIVOT 1/2 R TURN FORWARD SHUFFLE

1 2 3&4 Cross RF Over LF(1), Recover On LF(2), Step RF To R(3), Step LF Beside RF(&), 1/4 R Turn Step RF Forward(4) 3:00
5 6 7&8 Step LF Forward (5), 1/2 R Turn Step RF Forward(6), Step LF Forward(7), Step RF Beside LF(&), Step LF Forward(8) (9:00)

Ending At Wall 11, Dance 32 Counts & Strick A Pose.

*** Please refer to our Demo Video for Hand Styling

Enjoy!

Contact: NDNL.NoDancingNoLifeGroup@gmail.com (16th July 2022 Saturday)

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