

# Watch My Vibe

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Lucy Cooper (UK) - July 2022  
音乐: Hello - 7th & Hope



Intro: after 32 counts

## Side Rock, Ball, Point, Ball, Point, Hitch, Syncopated Jazz Box Touch, Hip Bump, Ball

1 2&      Rock R to R side, recover onto L, ball step R beside L  
3&4&      Point L to L side, step L beside R, point R out to R side, hitch R  
5 6&      Cross R over left, step L to back diagonal, step R to side  
7&8&      Touch L forward, bump hips L, recover hips to centre, ball step L beside R

## Forward Rock, ½ R, ¼ R Side Rock, Cross, Side, ¼ Sailor L

1 2      Rock R forward, recover onto L  
3 4&      ½ Turn R stepping R forward, turn ¼ R rocking L to side, recover onto R (9.00)  
5 6      Cross L over R, step R to R side  
7&8      Cross L behind R turning ¼ L, step R to side, step L to side. (6.00)

Restart here on Wall 2, and Wall 4

## R Dorothy Step, Kick Ball Touch, Forward Rock, Side Rock ¼ R, Back

1 2&      Step R to R diagonal, lock L behind, step R to R diagonal  
3&4      Kick L to L diagonal, Step L down, touch R beside L (facing L diagonal) (4.30)  
5 6      Rock R forward, recover onto L (still facing L diagonal)  
7&8      Rock R to R side turning ¼ R to R diagonal, recover onto L, step R back (7.30)

## Side Rock L, Back, Kick Ball Sit, Step, Full Turn L, Touch

1&2      Rock L to L side straightening up to 6.00, recover onto R, step L back (6.00)  
3&4      Kick R forward, step R slightly back, touch L forward sitting into R  
5 6      Step L forward, step R back turning ½ L (12.00)  
7 8      Step L forward turning ½ L, touch R beside L (6.00)

TAG — 32 counts. Happens at the end of Wall 1 (6.00), and end of Wall 3 (12.00)

## Side Rock, Ball, Side Rock, Ball, Big Step Forward, Walk, Step, ½ Pivot L

1 2&      Rock R to R side, recover onto L, ball step R beside L  
3 4&      Rock L to L side, recover onto R, ball step L beside R  
5 6      Big step forward on R, step L forward  
7 8      Step R forward, ½ pivot L (12.00)

(REPEAT OF COUNTS 1–8)

## Side Rock, Ball, Side Rock, Ball, Big Step Forward, Walk, Step, ½ Pivot L

1 2&      Rock R to R side, recover onto L, ball step R beside L  
3 4&      Rock L to L side, recover onto R, ball step L beside R  
5 6      Big step forward on R, step L forward  
7 8      Step R forward, ½ pivot L (6.00)

## Jazz Box ¼ R, Jazz Box ¼ R Cross

1 2      Cross R over L, step L back  
3 4      Step R to side turning ¼ R, step L forward (9.00)  
5 6      Cross R over L, step L back  
7 8      Step R to side turning ¼ R, cross L over R (12.00)

Side Rock, Cross, Side Rock, Cross, Side, Run round full turn L, Touch

1&2& Rock R to R side, recover onto L, cross R over L, rock L to L side  
3&4 Recover onto R, cross L over R, step R to R side  
5&6& 4 small fast runs in a full turn L (L R L R)  
7 8 Step L to complete the turn, Touch R beside L (12.00)

**TAG 2 (12 counts. Happens at the end of Wall 5 facing 6.00)**

**Side Rock, Ball, Side Rock, Ball, Big Step Forward, Walk, Step, ½ Pivot L**

1 2& Rock R to R side, recover onto L, ball step R beside L  
3 4& Rock L to L side, recover onto R, ball step L beside R  
5 6 Big step forward on R, step L forward  
7 8 Step R forward, ½ pivot L (12.00)

**Cross, Back, Run full circle R**

1 2 Cross R over L, step L diagonally back  
3&4& 4 small fast runs in full circle R (R L R L) (12.00)

**Sequence:**

Wall 1

Tag 1

Wall 2 – restart after 16 counts

Wall 3

Tag 1

Wall 4 – restart after 16 counts

Wall 5

Tag 2

Wall 6

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