

Watch My Vibe

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Lucy Cooper (UK) - July 2022
音乐: Hello - 7th & Hope



Intro: after 32 counts

Side Rock, Ball, Point, Ball, Point, Hitch, Syncopated Jazz Box Touch, Hip Bump, Ball

1 2& Rock R to R side, recover onto L, ball step R beside L
3&4& Point L to L side, step L beside R, point R out to R side, hitch R
5 6& Cross R over left, step L to back diagonal, step R to side
7&8& Touch L forward, bump hips L, recover hips to centre, ball step L beside R

Forward Rock, ½ R, ¼ R Side Rock, Cross, Side, ¼ Sailor L

1 2 Rock R forward, recover onto L
3 4& ½ Turn R stepping R forward, turn ¼ R rocking L to side, recover onto R (9.00)
5 6 Cross L over R, step R to R side
7&8 Cross L behind R turning ¼ L, step R to side, step L to side. (6.00)

Restart here on Wall 2, and Wall 4

R Dorothy Step, Kick Ball Touch, Forward Rock, Side Rock ¼ R, Back

1 2& Step R to R diagonal, lock L behind, step R to R diagonal
3&4 Kick L to L diagonal, Step L down, touch R beside L (facing L diagonal) (4.30)
5 6 Rock R forward, recover onto L (still facing L diagonal)
7&8 Rock R to R side turning ¼ R to R diagonal, recover onto L, step R back (7.30)

Side Rock L, Back, Kick Ball Sit, Step, Full Turn L, Touch

1&2 Rock L to L side straightening up to 6.00, recover onto R, step L back (6.00)
3&4 Kick R forward, step R slightly back, touch L forward sitting into R
5 6 Step L forward, step R back turning ½ L (12.00)
7 8 Step L forward turning ½ L, touch R beside L (6.00)

TAG — 32 counts. Happens at the end of Wall 1 (6.00), and end of Wall 3 (12.00)

Side Rock, Ball, Side Rock, Ball, Big Step Forward, Walk, Step, ½ Pivot L

1 2& Rock R to R side, recover onto L, ball step R beside L
3 4& Rock L to L side, recover onto R, ball step L beside R
5 6 Big step forward on R, step L forward
7 8 Step R forward, ½ pivot L (12.00)

(REPEAT OF COUNTS 1–8)

Side Rock, Ball, Side Rock, Ball, Big Step Forward, Walk, Step, ½ Pivot L

1 2& Rock R to R side, recover onto L, ball step R beside L
3 4& Rock L to L side, recover onto R, ball step L beside R
5 6 Big step forward on R, step L forward
7 8 Step R forward, ½ pivot L (6.00)

Jazz Box ¼ R, Jazz Box ¼ R Cross

1 2 Cross R over L, step L back
3 4 Step R to side turning ¼ R, step L forward (9.00)
5 6 Cross R over L, step L back
7 8 Step R to side turning ¼ R, cross L over R (12.00)

Side Rock, Cross, Side Rock, Cross, Side, Run round full turn L, Touch

1&2& Rock R to R side, recover onto L, cross R over L, rock L to L side
3&4 Recover onto R, cross L over R, step R to R side
5&6& 4 small fast runs in a full turn L (L R L R)
7 8 Step L to complete the turn, Touch R beside L (12.00)

TAG 2 (12 counts. Happens at the end of Wall 5 facing 6.00)

Side Rock, Ball, Side Rock, Ball, Big Step Forward, Walk, Step, ½ Pivot L

1 2& Rock R to R side, recover onto L, ball step R beside L
3 4& Rock L to L side, recover onto R, ball step L beside R
5 6 Big step forward on R, step L forward
7 8 Step R forward, ½ pivot L (12.00)

Cross, Back, Run full circle R

1 2 Cross R over L, step L diagonally back
3&4& 4 small fast runs in full circle R (R L R L) (12.00)

Sequence:

Wall 1

Tag 1

Wall 2 – restart after 16 counts

Wall 3

Tag 1

Wall 4 – restart after 16 counts

Wall 5

Tag 2

Wall 6
