

Westville Stomp

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Rob Fowler (ES) - July 2022
音乐: Can't Keep Up - Brett Eldredge



Intro: 32 counts (approx. 12 secs) – start just after the lyric “cause he can’t keep up with the hell we raise”

S1 [1-8]: Side R, Drag L, Rock Back L, Recover, Weave L

1,2 Step R to R side, drag L towards R
3,4 Rock back on L, recover on R
5,6,7,8 Step L to L side, step R behind L, step L to L side, cross step R over L 12:00

S2 [9-16]: Rumba Box Forward, Hold, Rumba Box Back, Kick L

1,2,3,4 Step L to L side, step R next to L, step forward on L, hold
5,6,7,8 Step R to R side, step L next to R, step back on R, kick L forward 12:00

S3 [17-24]: Back L, Kick R, Back R, Kick L, L Coaster, Brush R

1,2,3,4 Step back on L, kick R forward, step back on R, kick L forward
5,6,7,8 Step back on L, step R next to L, step forward on L, brush R forward 12:00

S4 [25-32]: Stomp R, Swivel/Twist L Heel, L Toes, L Heel, Back L, Touch R, Back R, Touch L

1 Stomp R diagonally forward R
2,3,4 Slide L up to R by swivelling/twisting L heel in, L toes in, L heel in (weight on R)
5,6 Step back on L, touch R next to L (& clap)
7,8 Step back on R, touch L next to R (& clap) 12:00

S5 [33-40]: Step L, Together R, Step L, Brush R, Step R, Together L, Step R, Brush L

1,2 Step L diagonally forward L, step R next to L
3,4 Step L diagonally forward L, brush R forward
5,6 **Step R diagonally forward R, step L next to R
7,8 Step R diagonally forward R, brush L forward 12:00

(Styling note: During Wall 5 there are 3 heavy beats in the song at counts 5,6,7 of this section. Please replace the “step R, together L, step R” with 3 stomps forward R,L,R then brush L as normal)**

S6 [41-48]: Jazz Box ¼ L with holds, Stomp R Twice

1,2,3,4 Cross step L over R, hold, step back on R, hold
5,6 Make ¼ turn L stepping L to L side, hold
7,8 Stomp R next to L twice (keep weight on L) 9:00

S7 [49-56]: K-Step (with claps)

1,2 Step R diagonally forward R, touch L next to R (& clap)
3,4 Step L diagonally back L, touch R next to L (& clap)
5,6 Step R diagonally back R, touch L next to R (& clap)
7,8 Step L diagonally forward L, step R next to L (shoulder-width apart) (& clap) 9:00

S8 [57-64]: Heel/Toe Swivels R, Hold, Heel/Toe Swivels L, Hold

1,2,3,4 Swivel both heels R, swivel both toes R, swivel both heels R, hold
5,6,7,8 Swivel both heels L, swivel both toes L, swivel both heels L, hold (weight on L) 9:00

Start Over - No Tags or Restarts