

Easy Walker

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: The Walker - Fitz and The Tantrums : (iTunes)



Intro: Sirens for 22 secs...32 counts (whistling)
SP: Weight L BPM: 132 Version: 1 Rotation: CCW

March on the spot RLRL, Touch Heel, Tog, Touch Heel, Tog

1, 2 Step R in place, Step L in place
3, 4 Step R in place, Step L in place
5, 6 Touch R heel forward, Step R beside Ln
7, 8 Touch L heel forward, Step L beside R (12)
(1-4) swing arms in marching style (5-8) alt forward & side

Walk forward, Step to side & sway hips RLRL

1, 2 Step R forward, Step L forward
3, 4 Step R forward, Step L forward
5, 6 Little step R to right side and sway hips right, Sway hips to left
7, 8 Sway hips to right, Sway hips to left (12)
(1-4) swing arms (5-8) hands in front, palms down, swing side to side

V Step, Zig Zag Back R, Touch L, Back L, Touch R

1, 2 Step R forward 45* right, Step L forward 45* left
3, 4 Step R back to centre, Step L beside R
5, 6 Step R back to right diagonal, Touch L beside R and clap
7, 8 Step L back to left diagonal, Touch R beside L and clap (12)
**(1) R hand forward, palm up (2) L hand forward, palm up
(3) R hand on R hip (4) L Hand on L hip**

R Vine, Touch L, L Vine, Turn ¼ Left & Touch R

1, 2 # Step R to right side, Step L behind R
3, 4 Step R to right side, Touch L beside R
5, 6 Step L to left side, Step R behind L
7, 8 Turn ¼ left and step L forward, Touch R beside L (9)

Begin dance again.....

Notes: For Basic Beginner and Senior levels, leave out hand movements.

Substitute following 8 counts for counts 24 to 32 to create a one wall dance by leaving out ¼ turn left.

R Vine, Touch L beside R, L Vine, Touch R beside L

1, 2 # Step R to right side, Step L behind R
3, 4 Step R to right side, Touch L beside R
5, 6 Step L to left side, Step R behind L
7, 8 Step L to left side, Touch R beside L (12)

Dance may be copied and distributed provided original steps remain unchanged.

E-mail: colleen.archer@bigpond.com Date: 1/7/2022 For Geoff