

# Easy Walker

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
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音乐: The Walker - Fitz and The Tantrums : (iTunes)



Intro: Sirens for 22 secs...32 counts (whistling)  
SP: Weight L BPM: 132 Version: 1 Rotation: CCW

## March on the spot RLRL, Touch Heel, Tog, Touch Heel, Tog

1, 2                      Step R in place, Step L in place  
3, 4                      Step R in place, Step L in place  
5, 6                      Touch R heel forward, Step R beside Ln  
7, 8                      Touch L heel forward, Step L beside R (12)  
**(1-4) swing arms in marching style (5-8) alt forward & side**

## Walk forward, Step to side & sway hips RLRL

1, 2                      Step R forward, Step L forward  
3, 4                      Step R forward, Step L forward  
5, 6                      Little step R to right side and sway hips right, Sway hips to left  
7, 8                      Sway hips to right, Sway hips to left (12)  
**(1-4) swing arms (5-8) hands in front, palms down, swing side to side**

## V Step, Zig Zag Back R, Touch L, Back L, Touch R

1, 2                      Step R forward 45\* right, Step L forward 45\* left  
3, 4                      Step R back to centre, Step L beside R  
5, 6                      Step R back to right diagonal, Touch L beside R and clap  
7, 8                      Step L back to left diagonal, Touch R beside L and clap (12)  
**(1) R hand forward, palm up (2) L hand forward, palm up  
(3) R hand on R hip (4) L Hand on L hip**

## R Vine, Touch L, L Vine, Turn ¼ Left & Touch R

1, 2                      # Step R to right side, Step L behind R  
3, 4                      Step R to right side, Touch L beside R  
5, 6                      Step L to left side, Step R behind L  
7, 8                      Turn ¼ left and step L forward, Touch R beside L (9)

Begin dance again.....

Notes: For Basic Beginner and Senior levels, leave out hand movements.

Substitute following 8 counts for counts 24 to 32 to create a one wall dance by leaving out ¼ turn left.

## R Vine, Touch L beside R, L Vine, Touch R beside L

1, 2                      # Step R to right side, Step L behind R  
3, 4                      Step R to right side, Touch L beside R  
5, 6                      Step L to left side, Step R behind L  
7, 8                      Step L to left side, Touch R beside L (12)

Dance may be copied and distributed provided original steps remain unchanged.

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