

The Rockstep

拍数: 32 墙数: 4 级数: Beginner
编舞者: Thomas Blixt-Hansson (SWE) - 2017
音乐: The Watering Hole - Gord Bamford



Grapevine right, touch. Left rocking chair

- 1 - 4 Step R foot to right side (1), cross L behind R (2), step R to right side (3), touch L next to R (4)
5 - 8 Rock forward on L (5), recover on R (6), rock back on L (7), recover on R (8)

Grapevine left, touch. Right rocking chair

- 1 - 4 Step L foot to left side (1), cross R behind L (2), step L to left side (3), touch R next to L (4)
5 - 8 Rock forward on R (5), recover on L (6), rock back on R (7), recover on L (8)

¼ turn side, touch, Side, Touch. Stomp 3 times, clap hands.

- 1 - 2 Turn 1/4 left and step on R foot (1), touch L next to R (2) [9:00]
3 - 4 L step to left side (3), touch L next to R (4)
5 - 6 Stomp R (5), stomp L (6),
7 - 8 Stomp R (7) ending with feet shoulder width, clap hands (8)

Swivel right, clap hands. Swivel left, clap hands.

- 1 - 4 Move both heels right (1), move toes right (2), move heels right (3), clap hands (4)
5 - 8 Move both heels left (5), move toes left (6), move heels left (7), clap hands (8)

Start again.

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