

Chirp and Trill

拍数: 32 墙数: 4 级数: Beginner
编舞者: Urban Danielsson (SWE) - July 2022
音乐: For the Birds - Aaron Raitiere



#16 counts intro, easy restart on wall 4 and 8 (facing front)

Section 1: Heel, hook, step-lock step, heel, hook, step-lock step

- 1 – 2 Touch right heel diagonally forward, hook right heel to left shin
3&4 Step right diagonally forward (1:30), lockstep left behind of right foot, step right foot forward (1:30)
5 – 6 ¼ turn left touch left heel diagonally forward, hook left heel to right shin (10:30)
7&8 Turn 1/8 left step left foot forward (9:00), lockstep right behind of left foot, step left foot forward

Section 2: Rock, recover, back-lock step, back-lock step, rock, recover

- 9 – 10 Rock right foot forward, recover weight onto left
11&12 Step right foot back, lockstep left foot in front of right, step right foot back
13&14 Step left foot back, lockstep right foot in front of left, step left foot back
15 – 16 Rock right foot back, recover weight onto left

Restart: Restart here on wall 4 and 8 (facing 12:00)

Section 3: Side, together, shuffle forward, side, behind, chasse left

- 17 – 18 Step right foot to right side, step left next to right
19&20 Step right foot forward, step left foot next to right, step right foot forward
21 – 22 Step left foot to left side, step right foot behind of left
23&24 Step left foot to left side, step right next to left, step left foot to left side

Section 4: Cross rock, recover, chasse right, jazz box with touch

- 25 – 26 Cross-rock left over right, recover weight onto left foot
27&28 Step right foot to right side, step left next to right, step right to right side
29 – 30 Cross left foot across in front of right, step back in right foot
31 – 32 Step left foot to left side, touch right toes next to left

RESTART and ENJOY!
