

Going Overdrive

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Darren Bailey (UK) - June 2022
音乐: Overdrive - Conan Gray : (Clean Version)



Intro: 16 Counts, start on word 'Weekend'

Restart: After 32 counts on wall 5.

Walk R, L, 1/8 turn L, Cross, 1/8 R, Turning box to R

- 1-2& Step forward on RF, Step forward on LF, Make a 1/8 turn L and step RF to R side
- 3-4 Cross LF over RF, Make a 1/8 turn R and step forward on RF (now facing 12:00)
- 5-6 Make a 1/4 turn R and step LF to L side, Make a 1/4 turn R and step RF to R side
- 7-8 Make a 1/4 turn R and step LF to L side, Make a 1/4 turn R and step RF to R side (now facing 12:00)

Cross, Side, Behind, Side, Cross, Rolls with hip bumps

- 1-2 Cross LF over RF, Step RF to R side
- 3&4 Cross LF behind RF, Step RF to R side, Cross LF over RF
- 5-6 Step RF to R side (starting to circle hips), Bump hips to L
- 7-8 Circle hips, Bump hips to R

Behind, Side, 1/4 L, 1/4 L with Rock, Recover Cross with 1/8 L, Camel walk to diagonal R, L, R, Heel grind with 1/8 R

- 1&2 Cross RF behind LF, Step LF to L side, Make a 1/4 turn L and step forward on RF (now facing 9:00)
- 3&4 Step forward on LF, Make a 1/4 turn L and rock RF to R side, Recover onto LF making an 1/8 turn L (now facing 4:30)
- 5-6 Step forward on RF and pop L knee, Step forward on LF and pop R knee
- 7-8 Step forward on RF and pop L knee, Make a heel grind with RF making a 1/8 turn R and step LF to L side (now facing 6:00)

Sailor Step, Behind Side, 1/4 R, Pivot 1/2 L, 1/4 L with point, 1/2 L with point

- 1&2 Cross RF behind LF, Step LF to L side, Step RF to R side
- 3&4 Cross LF behind RF, Make a 1/4 turn R and step forward on RF, Step forward on LF (now facing 3:00)
- 5-6 Step forward on RF, Make a 1/2 turn L
- 7-8 Make a 1/4 turn L and point RF to R side, Make a 1/2 turn L and point RF to R side (now facing 6:00)

Restart here on wall 5, you will be facing 6:00 when you restart.

Cross Samba, Cross, Side, Back with 1/8 L, Back, Back, Coaster Step

- 1&2 Cross RF over LF, Rock LF to L side, Recover onto RF
- 3&4 Cross LF over RF, Step RF to R side, Make a 1/8 turn L and step back on LF (now facing 4:30)
- 5-6 Step back on RF, Step back on LF
- 7&8 Step back on RF, Close LF next to RF, Step forward on RF

Rock with Roll, Ball, Walk R, L, Jazz box with 1/8 R (optional flick)

- 1-2 Rock forward on LF, Recover onto RF (counts 1-2 you can also add a body roll to fit the style or music)
- &3-4 Close LF next to RF, Step forward on RF, Step forward on LF
- 5-6 Cross RF over LF, Make a 1/8 turn R and step back on LF (now facing 6:00)
- 7-8 Step RF to R side, Step forward on LF (option to add a little flick with the RF on count 8)

