

Blurred Lines

拍数: 64 墙数: 4 级数: Beginner ECS
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音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke



East coast style

Section 1: ROCK STEP, ½ TRIPLE TURN, ROCK STEP, ½ TRIPLE TURN

1-2 Step L forward, recover on R
3&4 ¼ turn L and step L to L, step R beside L, ¼ turn L and step L forward
5-6 Step R forward, recover on L
7&8 ¼ turn R and step R to R, step L beside R, ¼ turn R and step R forward

Section 2: REPEAT SECTION 1

1-8 Repeat Section 1 steps 1-8

Section 3: DIAGONAL TRIPLE FORWARD, DIAGONAL TRIPLE FORWARD, SIDE, ACROSS, SIDE, HITCH

1&2 Step L diagonal forward L, step R beside L, step L diagonal forward L
3&4 Step R diagonal forward R, step L beside R, step R diagonal forward R
5-6-7-8 Step L to L, step R across L, step L to L, hitch R knee

Section 4: SIDE, ACROSS, SIDE, HITCH, DIAGONAL TRIPLE BACK, DIAGONAL TRIPLE BACK

1-2-3-4 Step R to R, step L across R, step R to R, hitch L knee
5&6 Step L diagonal back L, step R beside L, step L diagonal back L
7&8 Step R diagonal back R, step L beside R, step R diagonal back R

Section 5: REPEAT SECTION 1

1-8 Repeat Section 1 steps 1-8

Section 6: REPEAT SECTION 1 STEPS 1-6, ¼ TURN STEP, ¼ TURN STEP

1-6 Repeat Section 1 steps 1-6
7-8 ¼ turn and step R to R, ¼ turn R and step L forward

Section 7: TOUCHES OUT-IN-OUT-IN-OUT, SWITCH, TOUCHES OUT-IN-OUT-IN-OUT

1-2-3&4& Touch R toe out, touch R toe in, out-in-out, step R beside L (weight on R)
5-6-7&8 Touch L toe out, touch L toe in, out-in-out (weight on R)

Section 8: 3 KNEE ROLLS, ¼ TURN AND TOUCH TOGETHER, CLAP

1-6 Roll L knee x3, (weight on R)
7-8 ¼ turn L and touch L beside R, clap (weight on R)

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