

New Bareh Solok

拍数: 64 墙数: 1 级数: Beginner
编舞者: Wenarika Josephine (INA) - July 2022
音乐: Bareh Solok - Ria Amelia



Intro 32 count. 1 RESTART on wall 3 after 32cts

Sect 1 CROSS ROCK , SIDE CHASSE , WEAWE

1 – 2 Cross rock R over L – recover on L
3 & 4 R to side – L beside R – R to side
5 – 6 Cross L over R – R to side
7 – 8 L behind R – R to side

Sect 2 CROSS ROCK , SIDE CHASSE , WEAWE

1 – 2 Cross rock L over R – recover on R
3 & 4 L to side – R beside L – L to side
5 – 6 Cross R over L – L to side
7 – 8 R behind L – L to side

Sect 3 HEEL TOE DIAGONAL TOUCH, FLICK

1 – 2 R heel diag fwd – R toes cross beside L
3 – 4 R heel diag fwd – R beside L while flick back L
5 – 6 L heel diag fwd – L toes cross beside R
7 – 8 L heel diag fwd – L beside R while flick back R

Sect 4 FWD ROCK, BACK SHUFFLE, BACK ROCK, FWD SHUFFLE

1 – 2 R rock fwd – recover on L
3 & 4 Back shuffle on R – L – R
5 – 6 L rock back – recover on R
7 & 8 Fwd shuffle on L – R – L

(*RESTART HERE ON WALL 3)

Sect 5 FORWARD , CLOSE, ¼ RIGHT TOUCH ½ LEFT TOUCH

1 – 2 R fwd – L beside R
3 – 4 ¼ Turn right step R to side – touch L beside R (3.00)
5 – 6 ¼ turn left step L fwd – R beside L (12.00)
7 – 8 ¼ turn left step L to side – touch R beside L (9.00)

Sect 6 PADDLE TURN LEFT, SHUFFLE FORWARD

1 – 2 ½ left rock R to side – recover on L (7.30)
3 – 4 ½ left rock R to side – recover on L (6.00)
5 & 6 Shuffle forward on R – L – R
7 & 8 Shuffle forwards on L – R – L

Sect 7 FORWARD , CLOSE, ¼ RIGHT TOUCH , ½ LEFT TOUCH

1 – 2 R fwd – L beside R
3 – 4 ¼ Turn right step R to side – touch L beside R (9.00)
5 – 6 ¼ turn left step L fwd – R beside L (6.00)
7 – 8 ¼ turn left step L to side – touch R beside L (3.00)

Sect 8 PADDLE TURN LEFT, SHUFFLE FORWARD

1 – 2 ½ left rock R to side – recover on L (1.30)
3 – 4 ½ left rock R to side – recover on L (12.00)

5 & 6 Shuffle forward on R – L – R
7 & 8 Shuffle forwards on L – R – L

Contact email : wenarikajosephine@gmail.com
