

Tempo

拍数: 32 墙数: 2 级数: Beginner
编舞者: Séverine Fillion (FR) - June 2022
音乐: Tempo - Matteo Bocelli



Intro : Start dancing on the word « planning » after 18 seconds of musical intro. 2 Tags (very easy)

[1-8] TOE STRUT FWD (RIGHT & LEFT), OUT OUT, IN CROSS, BOUNCES 1/2 TURN

- 1-2 Right ball fwd, drop right heel on the floor (+ Snaps on right side)
- 3-4 Left ball fwd, drop left heel on the floor (+ Snaps on left side)
- &5 Right step OUT to right side, left step OUT to left side
- &6 Recover right step in center, left cross over right
- 7-8 Unwind 1/2 turn right with knee bend and 2 bounces (lift and drop heels on the floor x 2) 6:00

[9-16] TOE STRUT FWD (RIGHT & LEFT), STEP 1/2 TURN STEP, FLICK

- 1-2 Right ball fwd, drop right heel on the floor (+ Snaps on right side)
- 3-4 Left ball fwd, drop left heel on the floor (+ Snaps on left side)
- 5-6 Right step fwd, Turn 1/2 left (weight on left) 12:00
- 7-8 Right step fwd, Flick left foot diagonally left back

[17-24] CROSS, POINT, CROSS POINT, CROSS SAMBA (LEFT & RIGHT)

- 1-2 Left cross over right, point right to right side
- 3-4 Right cross over left, point left to left side
- 5&6 Left cross over right, Rock step right to the right, recover on left
- 7&8 Right cross over left, Rock step left to left side, recover on right

[25-32] CROSS, BACK, 1/4 TURN, WEAVE TO LEFT, 1/4 TURN, TOUCH

- 1-2 Left cross over right, right step back
- 3-4 1/4 turn left stepping left to left, right cross over left 9:00
- 5-6 Left to left, right cross behind left
- 7-8 1/4 turn left stepping left fwd, Touch right next to left 6:00

TAG 1 (4 counts) at the end of walls 2 & 6 (at 12:00) (On words « Give me your tempo»)

- 1-2 Stomp right in place, Hold
- 3-4 Stomp left in place, Hold

TAG 2 (6 counts) at the end of walls 3 & 7 (at 6:00)

- 1-6 Stomp right in place, hold, Stomp left in place, hold, Stomp right in place, hold

HAVE FUN & ENJOY !!
