

Shock

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - July 2022
音乐: Shock (feat. Stealth) - Huxley : (Amazon / Apple Music)



[S1] Cross Shuffle, 3/4R Turn-Paddle 1/4R Turn, Cross, 1 and 1/4R Triple Turn

1&2 Cross R over L, Step L close to R, Cross R over L
3& Make a 1/4 turn right stepping back on L, Make a 1/2 turn right stepping forward on R (9:00)
4 5 6 Step forward on L, Make a 1/2 turn right recover weight on R, Cross L over R (12:00)
7&8 Make a 1/4 turn

[S2] Fwd Rock-1/2L-1/2L Turning Shuffle Back-1/2L Turning Shuffle Fwd-1/4L Point

1 2 3 Step forward on R, Make a 1/2 turn left recover weight on L, Step forward on R (6:00)
4& Make a 1/2 turn right stepping back on L, Make a 1/2 turn right stepping forward on R (6:00)
5 6& Make a 1/4 turn right stepping L to the side, Rock R behind L, Replace/cross L over R (9:00)
7 8& Step R to the side, Step L behind R, Step R to the side

[S3] Cross, Side, Back Rock, Kick-Kick-Ball-Cross, Side

1 2 Cross L over R, Replace weight on L
3&4 Make a 1/4 turn left shuffle forward on L-R-L (6:00)
& Hitch R knee making a 1/4 turn left on ball of L foot (3:00)
5 6& Rock/across R over L, Replace weight on L, Make a 1/4 turn right stepping forward on R (6:00)
7 8 Rock forward on L, Replace weight on R (prep for 1/2L turn)

[S4] Back Rock, Kick-Kick-Back Rock, Step-Pivot 3/4L, Side

1&2 Making a 1/2 turn left shuffle forward on L-R-L (12:00)
3 4& Make a 1/4 turn left stepping R to the side, Rock L behind R, Replace/cross R over L (9:00)
5 6& Step L to the side, Rock R behind L, Replace/cross L over R
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (9:00)

No tags or restarts

The dance finishes at the front. Walk forward on R-L.

Last Update - 5 July 2022