

# Hard Day

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Montserrat Soler (ES) - July 2022  
音乐: Hard Day Tomorrow - Dag Erik Oksvold



## R. KICK BALL CROSS, R. ROCK SIDE , R. JAZZ BOX & CROSS

- 1&2.      kick right forward, step right slightly back, cross left
- 3-4.      Rock side right to right, recover to left
- 5-6.      Cross right over left, step left diagonally back
- 7-8.      Step right side, cross left over

## R. GRAPEVINE and cross, R. ROCK ¼ TURN R, ½ TURN R, L. STOMP

- 1-2      Step right side, cross left behind
- 3-4      Step right side, cross left over
- 5-6      Turn ¼ right and rock right forward, recover on left
- 7-8      Turn 1/2 right, stomp left together (9:00)

## L. TOE HEEL TOE SWIVELS with ¼, R. STOMP, POINT SIDE L., R. TOUCH TOE, SCUFF

- 1-2      swivel left toe out, swivel left heel out
- 3-4      Swivel left toe out with a ¼ (finishing at 6:00), stomp right
- 5-6      Touch left toe to the left, step left back
- 7-8      Touch Right Toe Diagonally Back To Right, Right Scuff Forward

## R. VAUDEVILLE, HOOK, TOUCH OUT, TOUCH IN, R. ROCK BACK

- 1-2      Cross Right Over Left, Left Step Back
- 3-4      Touch Right Heel Forward, right hook back
- 5-6      Touch right to side, touch right together
- 7-8      Rock back right, recover to left

## START AGAIN

**TAG: after wall 2,4,6,8,**

## RIGHT ROCKING CHAIR

- 1-2      Rock right forward, recover to left
  - 3-4      Rock right back, recover to left
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