

Hard Day

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Montserrat Soler (ES) - July 2022
音乐: Hard Day Tomorrow - Dag Erik Oksvold



R. KICK BALL CROSS, R. ROCK SIDE , R. JAZZ BOX & CROSS

- 1&2. kick right forward, step right slightly back, cross left
- 3-4. Rock side right to right, recover to left
- 5-6. Cross right over left, step left diagonally back
- 7-8. Step right side, cross left over

R. GRAPEVINE and cross, R. ROCK ¼ TURN R, ½ TURN R, L. STOMP

- 1-2 Step right side, cross left behind
- 3-4 Step right side, cross left over
- 5-6 Turn ¼ right and rock right forward, recover on left
- 7-8 Turn 1/2 right, stomp left together (9:00)

L.TOE HEEL TOE SWIVELS with ¼,R. STOMP, POINT SIDE L., R. TOUCH TOE, SCUFF

- 1-2 swivel left toe out, swivel left heel out
- 3-4 Swivel left toe out with a ¼ (finishing at 6:00), stomp right
- 5-6 Touch left toe to the left, step left back
- 7-8 Touch Right Toe Diagonally Back To Right, Right Scuff Forward

R. VAUDEVILLE, HOOK, TOUCH OUT, TOUCH IN, R. ROCK BACK

- 1-2 Cross Right Over Left, Left Step Back
- 3-4 Touch Right Heel Forward, right hook back
- 5-6 Touch right to side, touch right together
- 7-8 Rock back right, recover to left

START AGAIN

TAG: after wall 2,4,6,8,

RIGHT ROCKING CHAIR

- 1-2 Rock right forward, recover to left
 - 3-4 Rock right back, recover to left
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