

Numb

拍数: 32 墙数: 4 级数: Low Intermediate
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音乐: Numb - Marshmello & Khalid : (CD: Numb -single)



Starting point: At the vocals, at about 0:08.

Ending: The dance ends after wall 9 (you're facing the front wall when the last wall begins). Normally, you would turn a $\frac{1}{2}$ to right with the camel walks and you'd start the new wall facing 3:00. So, instead change the camel walks on that wall so that you only turn $\frac{1}{4}$ to right, finishing the dance facing the front wall.

HITCH, BEHIND, SIDE, CROSS, SLIDE, $\frac{1}{4}$ LEFT TURNING SAILOR STEP

1-2 Step right forward and hitch your left foot, hold
3&4 Step left behind right, step right to right side, step left across right
5-6 Take a big step to the right with your right foot, slide left next to right
7&8 Turn $\frac{1}{4}$ to left and step left behind right, step right next to left, step left to left diagonal

Note: If you want to give it more angle, you can do the hitch to left diagonal.

STEP, SWEEP, CROSS, SIDE, BEHIND, ROCK STEP, BEHIND, $\frac{1}{4}$ LEFT TURNING STEP, STEP FORWARD

1-2 Step right forward and sweep your left from back to front, finish your sweep from back to front
3&4 Step left across right, step right to right side, step left behind right
5-6 Rock right to right side, recover weight back to left
7&8 Step right behind left, turn $\frac{1}{4}$ to left and step left forward, step right forward

HITCH ACROSS, CROSS, BACK, SIDE, SYNCOPATED $\frac{1}{4}$ RIGHT TURNING MONTEREY TURN, TOE TOUCHES

1-2 Hitch left across right for two counts
3&4 Step left across right, step right back, step left in place
5-6 Touch right toe to right side, turn $\frac{1}{4}$ to right by bringing right next to left
7&8 Touch left to left side, step left next to right, touch right to right side

STEP ACROSS, HOLD, SHUFFLE FORWARD, $\frac{1}{2}$ RIGHT TURNING CAMEL WALKS

1-2 Step right across left, hold
3&4 Step left forward, step right next to left, step left forward
5-8 Camel walk right, left, right, left (you'll turn a $\frac{1}{2}$ to right with the 4 camel walks)

Note: Once again, if you want to give it more angle, you can change the forward shuffle to a left diagonal shuffle. Also, if your knees don't like the camel walks, you can change them to regular walks.

REPEAT

Last Update: 7 Jul 2022