

Whole Lotta Woman

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Kylie Reiners (USA) & Brendan Simoens (USA) - July 2022
音乐: Whole Lotta Woman - Kelly Clarkson



Intro: 16 Counts after first clear beat

(1-8) Body Roll, Hitch, Rock w/ Knee Pop, Recover, Toe Drags, Hip Bumps w/ Flick

- 1,2 Rock/Press RF forward with a body roll from head to toe (1), Recover onto LF while hitching R (2)
- 3,4 Rock RF to back popping L knee putting all of your weight onto your RF turning your body to a slight angle R starting the $\frac{1}{8}$ Turn (3), $\frac{1}{8}$ Turn R recovering weight onto LF dragging R toes (4)
- 5,6 Step RF forward dragging L toes (5), Step LF forward dragging R toes (6)
- 7&8 $\frac{1}{8}$ Turn L stepping RF to R side and bumping hips R (7), Bump hips L (&), Bump hips R and flick L behind R (8)

(9-16) Big Step, Sailor, Back Side, Cross Shuffle, Behind, $\frac{3}{4}$ Unwind

- 1,2&3 LF big step to L side sliding RF to LF (1), Cross RF behind LF (2), Step LF to L Side (&), Step RF to R side (3)
- 4&5 Cross LF behind RF (4), Step RF to R side (&), Cross LF over RF (5)
- &6& Step RF to R side (&), Cross LF over RF (6), Step RF to R side (&)
- 7,8 Cross LF behind RF and unwind $\frac{3}{4}$ L (7), Continue unwinding (8)

Optional Styling: Flick RF on count 8

(17-24) Jump Apart, Hold, Hip Circle, Sailor Step, Sailor $\frac{1}{4}$ Turn R

- 1,2 Jump both feet apart (1), Hold (2)
- Optional Styling: If you flick RF on 8, step RF to R side on & Step LF to L side on 1**
- 3,4 Circle hips counter-clockwise starting on the left (3), Complete circle bumping hips L and popping L knee (4)
- 5&6 Cross LF behind RF (5), Step RF to R side (&), Step LF to L side (6)
- 7&8 Cross RF behind LF (7), $\frac{1}{4}$ Turn R stepping LF back (&), Step RF forward (8)

(25-32) Step, Scuff Hitch, Big Step, Back Mambo, $\frac{1}{2}$ Turn, $\frac{1}{2}$ Turn Shuffle

- 1&2,3 Step LF forward (1), Scuff RF forward (&), Hitch R (2), RF big step back sliding LF to RF (3)
- 4&5 Rock LF back (4), Recover weight onto RF (&), Step LF forward (5)
- 6 $\frac{1}{2}$ Turn L stepping RF back,
- 7&8 $\frac{1}{4}$ Turn L stepping LF to L side (7), Step RF next to LF (&), $\frac{1}{4}$ Turn L stepping LF forward (8)

TAG: Occurs on 8th Wall facing 6 o'clock (16 counts repeated)

(1-8) Rock Side Cross, Rock Side Cross, Mambo Step, Knee Pop x3

- 1&2 Rock RF to R side (1), Recover onto LF (&), Cross RF over LF (2)
- 3&4 Rock LF to L side (3), Recover onto RF (&), Step LF forward (4)
- 5&6 Rock RF forward (5), Recover onto LF (&), Step RF back popping L knee (6)
- 7,8 Step LF back popping R knee (7), Step RF back popping L knee

(9-16) Touch Unwind, Hitch, Side, Ball, Cross Shuffle, Point, Body Roll, Ball Cross

- 1,2 Touch L toe back and pivot $\frac{1}{2}$ Turn L (1), Step LF in place hitching R knee (2)
- 3, 4& RF big step R side sliding LF to RF (3), Step ball of LF next to RF (4), Cross RF over LF (&)
- 5&6 Step LF to L side (5), Cross RF over LF (&) $\frac{1}{8}$ Turn R pointing LF back beginning a body roll from head to toe (6)
- 7&8 Finish body roll placing weight on LF (7), Step ball of RF next to LF (&), $\frac{1}{8}$ Turn L stepping LF forward (8)

(17-32) Repeat Counts 1-16

ADD SOME ATTITUDE AND HAVE FUN!!!!

For any questions feel free to reach out to me at brendan.simoens@gmail.com

Last Update: 19 Jan 2023
