

Break

拍数: 96 墙数: 2 级数: Phrased Advanced
编舞者: Antonio Manigas (IT) & Roberto Mele (IT) - July 2022
音乐: Break - The Dirty River Boys



Sequence : A – A – B – B – A – B – B – B – Final

PART A: 64c

S1A) KICKBALL CROSS R.,STEP R.,TOE BACK,TURN ¼ L.,TURN ½ BACK R.,TURN ¼ L.,SCUFF R.

- 1 & 2 - Kick Right Diagonally Forward – Step Right Together – Cross Left Over Right
- 3 - 4 - Step Right To Right Side – Cross Behind Step Left And Touch Left Toe
- 5 - 6 - Turn ¼ (09:00) And Step Left Forward – Turn ½ (03:00) And Step Right Backward
- 7 - 8 - Turn ¼ (00:00) And Step Left To Left Side – Scuff Right Beside Left

S2A) ROCKIN CHAIR, ROCK RECOVER , TURN ½ STEP R., STOMP L.

- 1 - 2 - Step Right Forward – Return To Left
- 3 - 4 - Step Right Backward And Move Left Heel To Left Side – Return To Left
- 5 - 6 - Step Right Forward – Return To Left
- 7 - 8 - Turn ½ (06:00) And Step Right Forward – Stomp Left Beside Right And Taking Weight

S3A & S4A REPEAT SEQUENCE S1A & S2A

S5A) DIAGONALLY LONG STEP R.,STOMP L.,STOMP R.,PIVOT,KICK R.,FLICK R.

- 1 - 2 - Long Step Right Diagonally Forward
- 3 - 4 - Stomp Left Beside Right – Stomp Up Right Beside Left
- 5 - 6 - Step Right Forward – Turn ½ (06:00)
- 7 - 8 - Step Right Forward And Kick – Step Right Backward And Flick

S6A) DIAGONALLY LONG STEP R.,STOMP L.,STOMP R. PIVOT,KICK R.,FLICK R.

- 1 - 2 - Long Step Right Diagonally Forward
- 3 - 4 - Stomp Left Beside Right – Stomp Up Right Beside Left
- 5 - 6 - Step Right Forward – Turn ½ (00:00)
- 7 - 8 - Step Right Forward And Kick – Step Right Backward And Flick

S7A) ROCKIN CHAIR , TURN ½ BACK R.,TURN ½ FWD L. , PIVOT

- 1 - 2 - Step Right Forward – Return To Left
- 3 - 4 - Step Right Backward And Move Left Heel To Left Side – Return To Left
- 5 - 6 - Turn ½ (06:00) And Step Right Backward – Turn ½ (00:00) And Step Left Forward
- 7 - 8 - Step Right Forward – Turn ½ (00:00)

S8A) JAZZ BOX & STOMP L.,TURN ½ BACK R.,TURN ½ FWD L.,STOMP R.,STOMP L.

- 1 - 2 - Cross Step Right Over Left – Step Left To Side
- 3 - 4 - Step Right To Right Side – Step Left Forward And Stomp
- 5 - 6 - Turn ½ (00:00) And Step Right Backward – Turn ½ (06:00) And Step Left Forward
- 7 - 8 - Step Right Forward And Stomp – Stomp Left Beside Right

PART B: 32c

SB1) STEPS SIDE R. & L. & STOMP UP,WAVE,STEPS SIDE R. & L. & STOMP UP, STEP R. SIDE,TOE L. X 2

- & 1 - & 2 - Step Right To Right Side – Stomp Up Left Beside Right – Step Left To Left Side – Stomp Up Right Beside Left
- & 3 - & 4 - Step Right Diagonally Forward To Right Side – Step Left Cross Behind Right – Step Right Diagonally Backward To Side – Step Left Cross Over Right

& 5 - & 6 - Step Right To Right Side – Stomp Up Left Beside Right – Step Left To Left Side – Stomp Up Right Beside Left

7 & 8 - Step Right To Right Side – Touch Left Toe Behind Right – Touch Left Toe Behind Right

SB2) STEPS SIDE L. & R. & STOMP UP,WAVE,STEPS SIDE R. & L.& STOMP UP, STEP L. SIDE,TOE R. X2

& 1 - & 2 – Step Left To Left Side – Stomp Up Right Beside Left – Step Right To Right Side – Stomp Up Left Beside Right

& 3 - & 4 - Step Left Diagonally Forward To Left Side – Step Right Cross Behind Left – Step Left Diagonally Backward To Side – Step Right Cross Over Left

& 5 - & 6 - Step Left To Left Side – Stomp Up Right Beside Left – Step Right To Right Side – Stomp Up Left Beside Right

7 & 8 – Step Left To Left Side – Touch Right Toe Behind Left – Touch Right Toe Behind Left

SB3) HEEL SWITCHES,SCUFF R.,HITCH,STOMP UP R.,ROCK RECOVER,TURN ½ STEP R.,STOMP L.

& 1 - & 2 – Step Right Forward And Heel – Step Right Beside Left – Step Left Forward And Heel – Step Left Beside Right And Taking Weight

3 & 4 – Scuff Right Beside Left – Jump And Hitch Right – Return To Right And Stomp Up Right

5 - 6 – Step Right Forward – Return To Left

7 - 8 – Turn ½ To Right And Step Right Forward – Stomp Left Beside Right And Taking Weight

SB4) JAZZ BOX & STOMP L.,TURN ½ R. BACK,TURN ½ L. FWD,STOMP R.,STOMP L.

1 - 2 – Step Right Forward And Cross Over Left – Step Left To Side

3 - 4 – Step Right To Right Side – Step Left Forward And Stomp And Taking Weight

5 - 6 – Turn ½ To Left And Step Right Backward – Turn ½ To Left And Step Left Forward

7 - 8 - Step Right Forward And Stomp – Stomp Left Beside Right And Taking Weight

PART FINAL - 17c

SF1) HOLD X 4,ROCKIN CHAIR

1 - 2 – Hold - Hold

3 - 4 – Hold - Hold

5 - 6 – Step Right Forward – Return To Left

7 - 8 – Step Right Backward – Return To Left

SF2) PIVOT,PIVOT,LONG STEP R.,TOUCH L.,STEP L.

1 - 2 – Step Right Forward - Turn 1/2 (06:00)

3 - 4 – Step Right Forward – Turn 1/2 (00:00)

5 - 6 Step Right Diagonally Forward And Long Step

7 - 8 Touch Left Toe Beside Right - Step Left To Left Side

SF3)TOE R. BEHIND

1 Right Toe Behind Left

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