

Don't Look Down

拍数: 32 墙数: 2 级数: Improver
编舞者: Melissa Lau (NZ) - July 2022
音乐: Don't Look Down - Drake Milligan



Dance begins after approx. 4 seconds (on the word "down")

SIDE, TOGETHER, FWD SHUFFLE, SYNCOPATED WEAVE

1, 2 Step L to side, step R next to L (12:00)
3&4 Step L fwd, step R next to L, step L fwd
5, 6, 7&8 Cross R over L, step L to side, step R behind L, step L to side, cross R over L

SIDE ROCK-RECOVER, CROSS SHUFFLE, ¼ SHUFFLE, FWD ROCK-RECOVER

1, 2 Rock L to side swaying hip, recover weight on R,
3&4 Cross L over R, step R slightly right, cross L over R
5&6 Turn ¼ right stepping R fwd (3:00), step L next to R, step R slightly fwd
7, 8 Rock L fwd, recover weight on R

BACK ROCK-RECOVER, ¼ PIVOT, CROSS SHUFFLE, (reverse Rolling Vine) ¼, ½

1, 2 Rock L back, recover weight on R
3, 4 Step L fwd, pivot ¼ turn right transferring weight onto R (6:00)
5&6 Cross L over R, step R slightly right, cross L over R
7, 8 Turn ¼ left stepping R back (3:00), turn ½ left stepping L fwd (9:00)

¼, POINT, STEP, POINT, SIDE, TOGETHER, BACK, HOLD

1, 2 Turn ¼ left stepping R to side, tap L toe to side (body facing diagonal left)
3, 4 Step L in place, touch R toe to side (body facing diagonal right)
5, 6, 7, 8 Step R to side, step L next to R, step R back, hold (6:00)

* ENDING: after 3 counts, hold, facing the front

This dance is composed for improvers as a split floor to my beginner dance 'Don't Look Down Baby'.