

# It's Killing Me

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Kim Liebsch (DK) - July 2022  
音乐: It's Killing Me - Kristel Lisberg



**Intro: 4 counts after 1<sup>st</sup> beat ( appr. 2 seconds) Start with weight on L foot**  
**Restart: 1 restart on wall 8 after count 12& (\*6:00)**

**#1 section: Step, step ½ turn step, full turn step, mambo with sweep, back rock**

1                    Step fw. on R 12:00  
2&3                Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 6:00  
4&5                Make ½ turn L stepping back on R, make ½ turn L stepping fw. on L, step fw. on R 6:00  
6&7                Rock fw. on L, recover on R, step slightly back on L while sweeping R 6:00  
8&                 Rock back on R, recover on L 6:00

**#2 section: Step, mambo ½ turn, lock step, mambo ½ turn, step ¼ turn**

1                    Step fw. on R 6:00  
2&3                Rock fw. on L, recover on R, make ½ turn L stepping fw. on L 12:00  
4&5                Step fw. on R, lock L behind R (\*6:00), step fw. on R 12:00  
6&7                Rock fw. on L, recover on R, make ½ turn L stepping fw. on L 6:00  
8&                 Step fw. on R, make ¼ turn L stepping L to L side 3:00

**#3 section: Cross, recover ¼ turn step, run ¾ turn, basic, side rock**

1                    Cross R over L 3:00  
2&3                Recover on L, make ¼ turn R stepping fw. on R, step fw. on L 6:00  
4&5                Run ¾ turn R- R-L-R 3:00  
6&7                Step L to L side, close R behind L, cross L over R 3:00  
8&                 Rock R to R side, recover on L 3:00

**#4 section: Step fw. while hitching ½ turn, lock step, lock step hitching ½ turn, lock step, cross rock**

1                    Step fw. on R while hitching L ½ turn R 9:00  
2&3                Step fw. on L, lock R behind L, step fw. on L 9:00  
4&5                Step fw. on R. lock L behind R, step fw. on R while hitching L ½ turn R 3:00  
6&7                Lock fw. on L, lock R behind L, step fw. on L 3:00  
8&                 Cross R over L, recover on L, ( ¼ turn R to start again ) 3:00

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