

# Jack Be Quick

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Sandy Kerrigan (AUS) - June 2022  
音乐: Limbo Rock - Chubby Checker : (CD: The Best Of Chubby Checker / iTunes)  
或: Limbo Rock (Moombhton Remix) - Chubby Checker



**\*2nd Choice: Limbo Rock (Moombhton Remix)**

**Dance Info: Dance starts -wt on L-Chubby Checker: Start the on lyrics  
Moombhton Remix: Starts 32 counts in (30 seconds in). BPM [94:74]  
Track Length 3:25 - Version 1:00**

**Right Cross Samba, Left Cross Samba, Diamond Fallaway Turning ¼ Right 3:00**

1 & 2      Cross R over L, Rock L to L Side, Rock R to R Side  
3 & 4      Cross L over R, Rock R to R Side, Rock L to L Side  
5 & 6 7      Cross R over L, Step L to L Side, Turning 1/8th R-Step Back R, Step Back L  
& 8      Turning to 3:00 Wall-Step R to R Side, Step Fwd L

**R Mambo Step, L Mambo Step, Right Syncopated Rock Chair, Cross, 1/8 R-Step Back L, Back R**

1 & 2      Rock Fwd R, Replace Back to L, Step Back on R  
3 & 4      Rock Back on L, Replace Fwd to R, Step Fwd on L  
5 & 6 &      Rock Fwd on R, Rock Back onto L, Rock Back on R, Step Fwd onto L\*\*Tags

**(Moombhton remix: 2 cnt Tags here: Walls 3 & 7-Facing 9:00 Wall)**

**Chubby Checker: 2 cnt Tags here: Walls 2 & 6-facing 6:00 Wall)**

7 & 8      Cross R over L, Turning 1/8th R-Step Back L, Step Back R (facing Side R45°)

**Back L Coaster Step, Scuff, Step, Scuff, Step, Scuff, Step, ½ L-Shuffle Turn**

1 & 2      Step Back L, Step R next to L, Step Fwd on L  
& 3 & 4      Scuff R, Step Fwd R, Scuff L, Step Fwd L  
& 5 & 6      Scuff R, Step Fwd R, Scuff L, Step Fwd L  
7 & 8      Turning ½ Left-Shuffle Back Right(now facing Front L45°)

**Note: Scuff steps are very casual while swinging your arms from side to side.**

**Step Back L, 1/8th R-Point R to R, Behind, Side Cross, ¼ Coaster Step, R Syncopated Rock Chair 3:**

1 2      Step Back on L, Turning 1/8th R to 12:00-Point R toe to R Side  
3 & 4      Cross R Behind L, Step L to L, Cross R over L  
& 5 6      Turning ¼ R-Step Back on L, Step R next to L, Step Fwd on L  
7 & 8 &      Rock Fwd on R, Rock Back onto L, Rock Back on R, Rock Fwd onto L 3:00

**[32&]**

**Note: There is a 2 count tag for both songs, noted above.**

**Tag: 1 2 Step Fwd R, Step L next to R**