

Flora by Gucci

COPPERKNOB
STEPSHEETS

拍数: 64
编舞者: Rex Allott (UK) - June 2022
音乐: Delicious - Shampoo

墙数: 2

级数: Phrased Intermediate



Sequence - A,A, B,B, C,C, D, A,A, B,B, C,C, B,B, C,C, D ,A, C,C.

Intro - 32 beats (after 2nd 'Delicious')

AS1. Scuff jump R heel fwd, R coaster, syncopated vine R, point R heel out R, pause

- 1&2. Scuff R heel fwd, jump back on L, step R next to L
- 3&4. Step R back, step L next to R, step R fwd
- 5-6&. Step R to R, step L behind R, step R to R
- 7-8. Step L over R, step Lheel diagonally out R

AS2. R sailor, step L, R, L mambo, L coaster

- 1&2. Step R behind L, step L to L, step R next to L
- 3-4. Step L to L, step R next to L
- 5&6. Step L fwd, step back on R, step L next to R
- 7&8. Step L back, step fwd on R, step L next to R

BS1.L 1/4 monterey turn, twist heels L, return x 2

- 1-2. Turning 1/4 L, step L, R
- 3-4. Point R out R, return
- 5-6. Twist both heels L, return
- 7-8. Rpt 5-6

BS2. L 1/4 monterey turn, point L out L, return x 2

- 1-2. Turning 1/4 L, step L, R
- 3-4. Point R out R, return
- 5-6. Point L out L, return
- 7-8. Rpt 5-6

CS1.Jump R fwd, back, jump L back, fwd, chasse L, R cross step

- 1&2. Jump R fwd, step back on L, step R next to L
- 3&4. Jump L back, step fwd on R, step L next to R
- 5&6. Step L to L, step R next to L, step L to L
- 7-8. Cross R over L, step back on L

CS2. Chasse R, R mambo cross, step back R, L, step fwd R, L

- 1&2. Step R to R, step L next to R, step R to R
- 3&4. Step R over L, step L back, step R next to L
- 5-6. Step back R, L
- 7-8. Step fwd R, L

DS1.Step fwd R, L, twist heels R, return, step back R, L, twist heels R, return

- 1-2. Step fwd R, L
- 3-4. Twist both heels R, return
- 5-6. Step back R, L
- 7-8. Rpt 3-4

DS2. Step back R, L, twist heels R, return, 1/2 walking turn R

- 1-2. Rpt S1. 5-6

- 3-4. Rpt S1. 7-8
- 5-6. Turning 1/4 R, step R,L
- 7-8. Rpt 5-6

Inspired by a TV advertisement for perfume.

Last Update: 9 Mar 2023
