

# Portland Cha - Ultra

**COPPER** KNOB  
BYEPOSTETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Sandrine Bonacorsi (FR) - June 2022  
音乐: Mercy - Valntn



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## ROCK BACK R, RECOVER, TRIPLE STEP FOWARD R, STEP L FOWARD, ½ TOUR R, TRIPLE FOWARD L

1-2      Rock back RF , recover to LF  
3&4      Step RF forward, step LF next to RF, step RF forward  
5-6      Step LF forward, turn 1/2 right (06:00)  
7&8      Step LF forward, step RF next to LF, step LF forward

## POINT R, HOLD, POINT L, HOLD, ROCK SIDE R RECOVER, SHUFFLE L

1-2      RF point right - hold  
&      RF next to LF  
3-4      LF point left - hold  
&      LF next to RF  
5-6      Rock side RF right , recover weight on left  
7&8      Suffle on left side

## ROCK SIDE G RECOVER, SHUFFLE R, GRAPEVINE R L R TOUCH,

1-2      Rock side RF-recover on LF3&4 suffle on left5678  
5-6      LF on left-Cross RF behind LF  
7-8      LF on left – RF touch

## GRAPEVINE L R .¼ TOUR L, SCUFF, STEP R FOWARD CLAP, STEP L BACK, TOUCH

123      RF on right -Cross LF behind RF  
4      scuff with RF (03h00)  
5-6      Step RF diagonal forward - Touch LF next to RF with clap hands  
7-8      Step LF diagonal back - Touch RF next to LF

**VARIATION : At the beginning, you can start as the advanced dance.**

## BACK ROCK, RECOVER FLICK

1-2      Rock back RF - recover on LF with flick du with RF

have fun - Sandrine

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