

Left and Right

拍数: 32 墙数: 4 级数: Improver
编舞者: Laura Gordon (USA) - June 2022
音乐: Left and Right (feat. Jung Kook) - Charlie Puth



Counts in: 16 counts, start dance on lyrics "Ever since you"

Notes: Two Restarts on wall 2 and 5.

[1 – 8] Walk x 2, Right Taps x 3, Ball Point Hold x2

1 2 Step fwd on R (1) Step Fwd on L (2) 12:00
3 & 4 Tap R in front (3) Tap R on R diagonal (&) Tap R to R side (4) 12:00
&56 Step R together (&) Point L out to L (5) Hold(6) 12:00
&78 Step L together (&) Point R out to R (7) Hold (8) 12:00

[9 – 16] Ball Rock Recover x2, Walk Around ¾ turn.

& 1 2 Step ball of R together (&) Rock weight to L (1) Recover weight back on R (2) 12:00
& 3 4 Step ball of L together (&) Rock weight to R (3) Recover weight back on L (4) 12:00
5 6 Step fwd on R making 1/8 turn left (5) Step fwd on L making ¼ turn left (6) 7:30
7 8 Step fwd on R making 1/8 turn left (7) Step fwd on L making ¼ turn left (8) * 3:00

* Restart happens here on wall 2 and wall 5, start dance again from the top

[17 - 24] L Weave, Point, Modified Weave, Point

1 2 Cross R over L (1) Step L to L side (2) 3:00
3 4 Step R behind L (3) Point L out to L side (4) 3:00
5 6 Cross L over R (5) Step R to R side (6) 3:00
7 8 Step R back making 1/8 turn left (7) Point R back (8) 1:30

[25 – 32] Step Touches x2, 1/8 turn Jazz Box

1 2 Step fwd on R (1) Touch L next to R (2) 1:30
3 4 Step back on L (3) Touch R next to L (4) 1:30
5 6 Cross R over L (5) Step L back making 1/8 turn right (6) 3:00
7 8 Step R to R side (7), step fwd on L (8) 3:00

Opt. Ending It ends facing the front after count 16, so just do a full walk around to the front to finish dance □

Email: Lauraalopezv10@gmail.com

Last Update: 27 Jun 2022