This Land Is Your Land



拍数: 32 墙数: 4 级数: Improver

编舞者: S.M. Fulton (USA) - June 2022

音乐: This Land Is Your Land - CDM Folk Singers: (Album: America the Beautiful)



Or by Peter, Paul and Mary or by Greg & Steve (Album: Holidays & Special Times) or

by The Seekers (slightly slower.)

Other music: Can't Let Go by Jill King (music for Niels Poulsen's Train Wreck)

Start on the word "your." No tags or restarts.

Section 1: R side-rock, behind side cross, L side-rock, behind side cross

1 2 3 & 4 R side-rock, recover L, R behind, L side, R cross 5 6 7 & 8 L side-rock, recover R, L behind, R side, L cross

Section 2: R & L mambos, touch, quarter step, point and point, touch

1 & 2 3 & 4 R side mambo, L side mambo

5 & 6 & 7 8 Touch R next to L (5), quarter step R to 3:00 (&), point L (6), ball (&), point R (7), touch R next to L (8)

Section 3: Cross samba x 2, rocking chair

1 & 2 3 & 4 R cross over L, rock L to side, step R to side. Cross L over R, rock R to side, step L to side.

5 6 7 8 R rocking chair

*5-8 variation: syncopated rocking chair (5&6&), R forward mambo touch (7&8)

Section 4: Cross, back, side quarter, triple. Repeat.

1 & 2 3 & 4 Rock (or sweep) R over L, step back L, step quarter R (6:00) (like 3 steps of a jazz box), L

triple forward

5 & 6 7 & 8 Rock (or sweep) R over L, step back L, step guarter R (9:00), L triple forward

Last Update: 8 Jun 2023