Impikan (Watch me Glow)



音乐: Impikan - DOLLA

或: Watch Me Glow - DOLLA



Start: 10 s. approximately (On the lyrics)

No Tag – No Restart

[1-8] Triple-Step.	Rock-Sten	Hitch	Trinle-Sten	Rock-Sten	Hitch
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1&2 Triple-Step: RF FW, LF next to RF, RF FW

3-4 LF FW, recover to RF with L Hitch (weight is on RF)

5&6 Triple-Step: LF FW, RF next to LF, LF FW

7-8 RF FW, recover to LF with R Hitch (weight is on LF)

[9-16] Back, Back, Back, Drag, Together, Mambo, Mambo

1-2 RF Back, LF Back

3-4 RF Back with L Drag, LF next to RF

5&6 RF to the R side, Recover to LF, RF next to LF 7&8 LF to the L side, Recover to RF, LF next to RF

[17-24] 1/4 R, Walk, 1/2 R Circle, Walk, Walk, 1/8 R, Circle

1-2 Make ¼R with RF FW, LF FW

3&4 Make 1/2R Circle with RF FW, LF FW, RF FW

5-6 LF FW. RF FW

7&8 Make 1/8R Circle with LF FW, RF FW, LF FW

[25-32] Rock-Step, Together, Toe-Strut, Toe-Strut

1-2 RF FW, Recover to LF

3-4 Make ¼R with RF to the R side, LF next to RF

5-6 R toe FW, Down your R heel7-8 L toe FW, Down your L heel

NOTA: For the Arms, watch the video

Smile et enjoy the dance

Contact: maellynedance@gmail.com