The World is Getting Restless



拍数: 24 墙数: 4 级数: Beginner waltz

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音乐: East of Jerusalem - Scooter Lee



Intro: 24 Counts

Step Side Cross-over Balance R/L

1-3 Step L to L side, Step to R, Step L over R4-6 Step R to R side, Step to L, Step R over L

Vine R, Hip Swings, 2 R, 1 L

1-6 Step L, R behind L, Step on L, Stepping on R swing R hip 2x's R, 1x L

1-6 Step R side, Step L behind R, Step on R, Stepping on L swing L hip 2x's L, 1x R

3 Count Jazz Box L, Jazz Box in Place

1-3 Step L over R, Step back on R turning ¼ L, Step on L

3-6 Step R over L, Step back on L, Step on R

That's it! Just an easy 24 count Waltz for beginners. With all the turmoil going on in today's world, it's good to listen to the words of this song while you dance it. Enjoy! Please do not alter this routine without my permission. Thank you, Georgie - mygro@adamswells.com