

Smoke Me

拍数: 112 墙数: 1 级数: Intermediate
编舞者: Jamie Barnfield (UK) & Laura Sway (UK) - June 2022
音乐: Smoke Me - Sasha Lopez & Misha Miller



Intro: 16 counts from first lyric (smoke)

Pattern of dance:

Wall 1: Full Dance

Wall 2: 32 & Restart

Wall 3: Full Dance & Tag

Wall 4: 32 & Restart from Section 6 to the end!!

S1: CROSS, TAP, BACK, SIDE, CROSS, TAP, BACK, 1/4 LEFT

1-2 Cross right over left, tap left behind right
3-4 Step back on left, step right to right side
5-6 Cross left over right, tap right behind left
7-8 Step back on right, 1/4 left stepping forward on left (9:00)

S2: STEP, HOLD, STEP 1/2 PIVOT, 1/4 TURN INTO HIP SWAYS LRL WITH DRAG

1-2 Step forward on right, HOLD
3-4 Step forward on left, pivot 1/2 right (3:00)
5-6 Turn 1/4 right stepping left to left side as you sway hips to left, sway hips to right (6:00)
7-8 Sway hips to left, drag right towards left

S3: SIDE, CLOSE, SHUFFLE FORWARD, SIDE, CLOSE, SHUFFLE BACK

1-2 Step right to right side, close left next to right
3&4 Step forward on right, close left next to right, step forward on right
5-6 Step left to left side, close right next to left
7&8 Step back on left, close right next to left, step back on left

S4: ROCK BACK, RECOVER, 1/2 HOOK, HIP SWAYS FORWARD, BACK, FORWARD SWEEP

1-2 Rock back on right, recover on left
3-4 1/2 turn left stepping back on right, hook left in front of right
5-6 Step forward on left as you sway hips forward, sway hips to back (12:00)
7-8 Sway hips forward, as you sweep right from back to front.

*** (RESTART HERE DURING WALL 2)**

S5: CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SWEEP

1-2 Cross right over left, step left to left
3-4 Cross right behind left, sweep left from front to back
5-6 Cross left behind right, step right to right side
7-8 Cross left over right, sweep right from back to front

*** (REMOVE SECTION 5 DURING WALL 4)**

S6: CROSS, BACK, SIDE, CROSS, 1/2 TURN MONTEREY WITH FLICK

1-2 Cross right over left, step back on left
3-4 Step right to right side, cross left over right
5-6 Point right to right side, 1/2 turn right closing right next to left (6:00)
7-8 Point to left side, close left right to right as you flick right out

***(SECTIONS 5 & 6 IS THE TAG THAT IS ADDED AT THE END OF WALL 3)**

S7: CROSS, SIDE, BEHIND SIDE CROSS, CHASSE LEFT, SAILOR STEP

1-2 Cross right over left, step left to left side

- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Step left to left side, close right next to left, step left to left side
- 7&8 Cross right behind left, small step to left on left, step to right side

S8: CROSS, SIDE, BEHIND SIDE CROSS, CHASSE RIGHT, ROCK BACK, RECOVER

- 1-2 Cross left over right, step right to right side
- 3&4 Cross left behind right, step right to right side, cross left over right
- 5&6 Step right to right side, close left next to right, step right to right side
- 7-8 Rock back on left, recover on right

S9: SIDE, SPIRAL 1/2, WALK, WALK, SHUFFLE FORWARD, PIVOT 1/2

- 1-2 Step left to left side, spiral 1/2 right (12:00)
- 3-4 Step forward on right to right diagonal, step forward on left (1:30)
- 5&6 Step forward on right, close left next to right, step forward on right
- 7-8 Step on left, pivot 1/2 right (7:30)

S10: FULL TURN, SHUFFLE FORWARD, PIVOT 1/2, SIDE, CLOSE WITH FLICK

- 1-2 1/2 turn right stepping back on left, 1/2 right stepping forward on right
(Non-turning option: Walk left, walk right)
- 3&4 Step forward on left, close right next to left, step forward on left
- 5-6 Step forward on right, pivot 1/2 left (1:30)
- 7-8 Step right to right squaring up to front wall, close left next to right, as you flick right out (12:00)

S11: POINT FORWARD, SIDE, SAILOR STEP, POINT FORWARD, SIDE, CROSS, BACK

- 1-2 Point right in front of left, point right to right side
- 3&4 Cross right behind left, step in place on left step right to right side
- 5-6 Point left in front of right, point left to left side
- 7-8 Cross left over right, step back on right as you push hips back

S12: BACK LOCK BACK, COASTER STEP, PADDLE 1/2, CROSS

- 1&2 Step back on left, lock right in front, step back left
- 3&4 Step back on right, close left next to right, step forward on right
- 5-6 1/8 right pointing left to left side, 1/8 right pointing left to left side (3:00)
- 7-8 1/4 right pointing left to left side, cross left over right (6:00)

S13: SIDE, SPIRAL 1/2, WALK, WALK, SHUFFLE FORWARD, PIVOT 1/2

- 1-2 Step right to right side, spiral 1/2 left (12:00)
- 3-4 Step forward on left to left diagonal, step forward on right (10:30)
- 5&6 Step forward on left, close right next to left, step forward on left
- 7-8 Step on right, pivot 1/2 left (4:30)

S14: FULL TURN, SHUFFLE FORWARD, PIVOT 1/2, SIDE, DRAG

- 1-2 1/2 turn left stepping back on right, 1/2 left stepping forward on left
(Non-turning option: Walk right, walk left)
- 3&4 Step forward on right, close left next to right, step forward on right
- 5-6 Step forward on left, pivot 1/2 right (10:30)
- 7-8 Step left to left squaring up to front wall, drag right towards left (12:00)

TAG- END OF WALL 3: Dance sections 5 & 6 twice (counts 33-48 of the dance)
