

La Mer (Beyond the Sea)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Russell Breslauer (USA) - June 2022
音乐: La Mer - Tatiana Eva-Marie & Avalon Jazz Band
或: Beyond The Sea - We Five



or : Beyond the Sea by We Five (needs a tag for held note)

(Can be 1 or 4 walls)

Section 1 - SIDE RIGHT, RECOVER, BEHIND SIDE CROSS

1 - 4 Step right with R , hold, left on L, lift R with flick right
5 - 8 Step R behind left, L to left, Cross R over left, hold

Section 2 - SIDE LEFT, RECOVER, BEHIND SIDE CROSS

1 - 4 Step left with L, hold, right on R, lift L with flick left
5 - 8 Step R behind left, L to left, Cross R over left, hold

Section 3 - ROCK FORWARD RECOVER SHUFFLE BACK ROCK BACK RECOVER SHUFFLE FORWARD

1-2 Rock forward with Right, recover on Left
3&4 Step back on Right, Left, Right
5-6 Rock back with Left recover on Right
7&8 Step forward on Left, Right, Left

Section 4 (also tag on Beyond the Sea)

SWAY, SWAY CROSS AND CROSS X2

12 3&4 Sway Right Left, step R across left, recover on L, R across left
56 7&8 Sway Left Right, step L across right recover on R L across right

* For a 4-wall dance turn 1/4 right on 7&8

Repeat to end

Last update 6/28/2022

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