

Light Switch

拍数: 16 墙数: 4 级数: Absolute Beginner
编舞者: Amy Christian (USA) - June 2022
音乐: Light Switch - Charlie Puth



(16/4 count Absolute Beginner Dance & 32/2 count Improver Dance).

Intro: 12 counts.

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KICK, STEP, KICK, STEP, KICK, STEP, KICK, STEP, SIDE, CLAP, HIP ROLL,
1&2& Kick R forward, Step R forward, Kick L forward, Step L forward,
3&4& Kick R forward, Step R forward, Kick L forward, Step L forward,
5-6 Step R out to right, Clap hands with arms stretch out in front,
7-8 CCW Hip roll with weight ending on L foot,

CROSS ROCK, SIDE, CROSS ROCK, SIDE, PIVOT ¼, STOMP, STOMP,
1&2 Cross R over L, Recover on L, Step R to right side,
3&4 Cross L over R. Recover on R, Step L to left side,
5-6 Step R forward, Pivot ¼ left on L, [9:00]
7-8 Stomp R in place, Stomp L in place,

Start over!

*TAG – happens AFTER Wall 13. On wall 13 the music is different, Charlie sings with NO music. Dance the whole dance and add the Tag.

¾ WALK ABOUT

1-4 ¾ walk about turning left, R-L-R-L, [12:00]

IMPROVER LEVEL DANCE - Dance the above 16 counts and add the following 16 counts for the 32 count, 2 wall IMPROVER LEVEL DANCE.

SHUFFLE FWD, TOUCH FWD, TOUCH OUT, SHUFFLE FWD, TOUCH FWD, TOUCH OUT,
1&2 Shuffle fwd R-L-R, [9:00]
3-4 Touch L forward, Touch L out to left side,
5&6 Shuffle fwd L-R-L,
7-8 Touch R fwd, Touch R out to right side,

¼ SAILOR STEP, ¼ SAILOR STEP, PIVOT ¼, TWIST ¼, TWIST ¼,
1&2 Sailor ¼ turning right [12:00],
3&4 Sailor ¼ turning left [9:00],
5-6 Step R forward, Pivot ¼ left on L [6:00],
7 Twist ¼ right on both feet [9:00],
8 Twist ¼ left on both feet [6:00], (weight ends on L) [6:00],

Start over!

*TAG Happens after 16 counts on wall 7. On wall 7, Charlie sings with NO music.

¾ WALK ABOUT

1-4 ¾ walk about turning left, R-L-R-L, [12:00]

BIG FINISH on the last wall for the improver dance – Do a restart and dance the first 16 counts to end dance with the CLAP.

