

Sip of the Ocean

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Anna-Maria Mejlon (SWE) - June 2022
音乐: Innocent Love - Robin Bengtsson



Intro: 32 counts

Toe heel toe kick behind side cross

1-2 R toe beside L, R heel beside L
3-4 R toe beside L, kick R foot to right diagonal
5-6 step R behind L, step L to left side
7-8 cross R over L, hold

Toe heel toe kick behind turn ¼ step

1-2 L toe beside R, L heel beside R
3-4 L toe beside R, kick L foot to left diagonal
5-6 step L behind R, step R to right side turning ¼ to the right
7-8 step fwd on L, hold

Step fwd together back, step back together fwd

1-2 step fwd on R, step together with L
3-4 step back on R, hold
5-6 step back on L, step together with R
7-8 step fwd on L, hold

Step turn ½ step hold, turn ½ turn ½ step fwd hold

1-2 step fwd on R, turning ½ to the left (weight on L)
3-4 step fwd on R, hold
5-6 step back on L turning ½ to the right, step fwd on R turning ½ to the right
7-8 step fwd on L, hold

Side together fwd hold, side together back hold

1-2 step R to R side, step L next to R
3-4 step fwd on R, hold
5-6 step L to L side, step R next to L
7-8 step back on L, hold

Toe strut back, toe strut back, toe strut back, toe strut back

1-2 R toe back, R heel down
3-4 L toe back, L heel down
5-6 R toe back, R heel down
7-8 L toe back, L heel down

Step back together fwd hold, step turn ½ step

1-2 step back with R, step together with L
3-4 step fwd on R, hold
5-6 step fwd on L turning ½ to the right (weight on R)
7-8 step fwd on L, hold

Rock recover cross hold, rock recover cross hold

1-2 rock R to right side, recover on to L
3-4 cross R over L, hold

5-6 rock L to left side, recover on to R
7-8 cross L over R, hold

Restarts:

Wall 2, 4 and 7 after 32 counts
