

# Mansplainin

拍数: 118      墙数: 2      级数: Phrased Advanced  
编舞者: Barbara Germini (IT) & Luca Calbucci (IT) - June 2022  
音乐: Mansplainin' - Nice Horse



Sequence: A- A- B- C- A- A#- B- B#- TAG- C- C#- C#- B- C#- FINAL

## PART A: 34 counts

### [1-8] WEAVE R, SCISSOR STEP R, ¼ TURN R, ¼ TURN R, KICK BALL CHANGE L

1&2&      Step R to the R side, L cross behind R, step R to the R side, L cross over R,  
3&4      Step R to R side, step L together, R cross over L  
5-6      ¼ turn R step back L, ¼ turn R step side R  
7&8      Kick L, recover on L, step R

### [9-16] STEP L, SWIVEL, COASTER STEP L, STEP R, ½ TURN L, FULL TURN

1&2      Step fwd L, move both heels to the L, move both heels to the L  
3&4      step bwd L, step R together, step fwd L  
5-6      step fwd R, ½ turn to the L  
7-8      ½ turn to the L step bwd R, ½ turn to the L step fwd L ( RESTART )

### [17-24] SCUFF R,L, VAUDEVILLE ¼ TURN, VAUDEVILLE, STEP R,L,

1-2      Scuff R,L  
3&4      cross R over L ¼ turn to the R, step L diagonally back L, touch R heel diagonally R  
5&6      cross L over R, step R diagonally back R, touch L heel diagonally L  
7-8      step R,L

### [25-32] SHUFFLE FWD R, ROCK FWD L, SHUFFLE BWD L, FULL TURN R

1&2      Step fwd R, close L beside R, step fwd R  
3-4      step fwd L, recover weight on R  
5&6      step bwd L, close R beside L, step bwd L  
7-8      ½ turn to the R step fwd R, ½ turn to the R step bwd L

### [33-34] ¼ TURN STOMP R, STOMP L

1-2      ¼ turn to the R stomp R, stomp L

## PART B: 36 counts

### [1-8] PIGEON TOES, APPLEJACK, PIGEON TOES, APPLEJACK

1&2      (to the right) toes pointed outwards, toes pointed inwards, toes pointed outwards  
3&4      bring feet together, swivel the L toe and R heel to the L, bring feet together  
5&6      (to the right) toes pointed outwards, toes pointed inwards, toes pointed outwards  
7&8      bring feet together, swivel the L toe and R heel to the L, bring feet together

### [9-16] ROCK R SIDE, RECOVER ½ TURN R, 2 ROCK CROSS ½ TURN R, ROCK BACK R, SCUFF, LOCK STEP R

1&2      Rock R side, recover ½ turn to R, step R to the R side  
3&4&      Rock cross L over R, recover ¼ turn, Rock cross L over R, recover ¼ turn  
5&6      Rock back R, recover, scuff R  
7&8      step fwd R, lock L behind R, step fwd R

### [17-24] STEP L BWD, STOMP R, TOE FAN, HELL FAN, TOE FAN, STOMP L, HELL JACK L,R

1-2      Step L bwd, stomp R together  
3&4&      fan R toe to R, fan R heel to R, fan R toe to R, stomp L together  
5&6      step R diagonally back R, touch L heel diagonally fwd L, step L into center, step R beside L

7&8 step L diagonally back L, touch R hell diagonally fwd R, step R into center, step L beside R

**[25-36] STOMP R, ROCK L, ½ TURN L, SCUFF R, STEP SIDE R, SCUFF L, STEP SIDE L, ROCK BACK, SCUFF R, FULL TURN, ROCK BACK, SCUFF R, FULL TURN**

1&2 stomp R fwd, rock L fwd, ½ turn to the L step L fwd

&3&4 scuff R, step R side R, scuff L, step L side L

5&6 rock back R, recover, scuff R

7-8 ½ turn to the L step R bwd, ½ turn to the L step L fwd ( RESTART )

**Repeat counts 5 - 8**

**PART C: 24 counts**

**[1-8] SCUFF R, OUT, OUT, SAILOR R, SAILOR L ½ TURN, STEP R, TOE L**

1&2 scuff R, step R to the R side, step L to the L side

3&4 cross R behind L, step L to the L side, step R in the place

5&6 cross L behind R, step R ½ turn to the L, step L fwd

7-8 step R fwd, toe L behind R

**[9-16] SCUFF L, OUT, OUT, SAILOR L, SAILOR R ½ TURN, STEP L, TOE R**

1&2 scuff L, step L to the L side, step R to the R side

3&4 cross L behind R, step R to the R side, step L in the place

5&6 cross R behind L, step L ½ turn to the R, step R fwd

7-8 step L fwd, toe R behind L

**[17-24] ROLLING FULL TURN RIGHT, ROLLING FULL TURN LEFT**

1-2 step R ¼ turn to the R, step L bwd ½ turn to the R

3-4 step R side ¼ turn to the R, touch L

5-6 step L ¼ turn to the L, step R bwd ½ turn to the L

7-8 step l side ¼ turn to the L, touch R

**TAG : 8 counts**

**[1-8] ROLLING FULL TURN RIGHT, ROLLING FULL TURN LEFT**

1-2 step R ¼ turn to the R, step L bwd ½ turn to the R

3-4 step R side ¼ turn to the R, touch L

5-6 step L ¼ turn to the L, step R bwd ½ turn to the L

7-8 step l side ¼ turn to the L, touch R

**FINAL: 16 counts**

**[1-8] SCUFF R, OUT, OUT, SAILOR R, SAILOR L ½ TURN, STEP R, TOE L**

1&2 scuff R, step R to the R side, step L to the L side

3&4 cross R behind L, step L to the L side, step R in the place

5&6 cross L behind R, step R ½ turn to the L, step L fwd

7-8 step R fwd, toe L behind R

**[9-16] SCUFF L, OUT, OUT, SAILOR L, SAILOR R, STEP L, TOE R**

1&2 scuff L, step L to the L side, step R to the R side

3&4 cross L behind R, step R to the R side, step L in the place

5&6 cross R behind L, step L to the L side, step R in the place

7-8 step L bwd, stomp R

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