

# Changed For The Better

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Wil Bos (NL) - June 2022  
音乐: Changed Everything - Austin Burke



Info : Intro 32 counts

## SEC 1 Side, Cross Rock, ¼ Shuffle, Step, ¼ Pivot, Samba Step

1            Step right to right  
2-3        Cross rock left over right, recover weight onto right  
4&5        Step left to left, step right beside left, turn ¼ left step left forward (9:00)  
6-7        Step right forward, pivot ¼ left transferring weight onto left (6:00)  
8&1        Cross right over left, rock left to left, recover weight onto right

## SEC 2 Step, Touch & Heel & Rock, ¼ Side Shuffle

2            Step left forward  
3&4&      Touch right beside left, step right back, touch left heel forward, step left beside right  
5-6        Rock right forward, recover weight onto left  
7&8        Turn ¼ right step right to right, step left beside right, step right to right (9:00)

## SEC 3 Cross, Side, Sailor Step, Cross, ¼ Back, ¼ Side Shuffle

1-2        Cross left over right, step right to right  
3&4        Step left behind right, step right to right, step left to left  
5-6        Cross right over left, turn ¼ right step left back (12:00)  
7&8        Turn ¼ right step right to right, step left beside right, step right to right (3:00)

## SEC 4 Cross Rock, Ball Cross, Side, ¼ Weave, Step, ½ Pivot

1-2        Cross rock left over right, recover weight onto right  
&3-4      Step left beside right, cross right over left, step left to left  
5&6        Step right behind left, turn ¼ left step left forward, step right forward (12:00)  
7-8        Step left forward, pivot ½ right transferring weight onto right (6:00)

## SEC 5 Cross, Point, Sailor Step, ¼ Sailor Turn, Cross, Point

1-2        Cross left over right, point right to right  
3&4        Step right behind left, step left to left, step right to right  
5&6        Turn ¼ left step left behind right, step right to right, step left to left (3:00)  
7-8        Cross right over left, point left to left

## SEC 6 Behind, Side, Cross Rock, ¼ Shuffle, Kick Ball Step

1-2        Step left behind right, step right to right  
3-4        Cross rock left over right, recover weight onto right  
5&6        Turn ¼ left step left forward, step right beside left, step left forward (12:00)  
7&8        Kick right forward, step right beside left, step left forward

## SEC 7 Rocking Chair, ¼ Jazz Box

1-2        Rock right forward, recover weight onto left  
3-4        Rock right back, recover weight onto left  
5-6        Cross right over left, turn ¼ right step left back (3:00)  
7-8        Step right to right, step left forward

## SEC 8 Step, ½ Pivot, Shuffle, ½ Back, ¼ Side, Cross, Side Together

1-2        Step right forward, pivot ½ left transferring weight onto left (9:00)

3&4 Step right forward, step left beside right, step right forward  
5-6-7 Turn  $\frac{1}{2}$  right step left back, turn  $\frac{1}{4}$  right step right to right, cross left over right (6:00)  
8& Step right to right, step left beside right

**Last Update - 21 June 2022**

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