5 Foot 9



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Laurent Chalon (BEL) - June 2022

音乐: 5 Foot 9 - Tyler Hubbard



Intro: 16 counts

Section 1: Dorothy Step, Heels Switches, Rock Fwd, ¼ turn L & Chasse L		
	1-2&	RF to R diagonal, Close LF behind RF, RF to R side 12:00
	3&4&	L heel forward, LF next to RF, R heel forward, RF next to LF
	5.6	Pook I E Forward recover on DE

5-6 Rock LF Forward, recover on RF

7&8 1/4 turn L and LF to L Side, RF next LF, LF to L Side 09:00

Section 2: Cross, Side, 1/2 Turn Back & Heel &, Heel Grind 1/2 turn, Back & Heel &

1-2 RF over LF, LF to L Side

3&4& 1/2 turn R and RF Back, LF next to RF, R heel forward, RF next to LF 10:30

5-6 Dig L heel forward, ¼ turn L recover weight to RF 07:30 T&8& LF back, RF Next to LF, L Heel forward, LF next to RF

Section 3: Shuffle Fwd, ¼ turn R, Shuffle Fwd, ¼ Turn L & Cross Rock, Coaster Step

1&2 RF Forward, LF nex	t to RF, RF Forward
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3&4 1/4 turn R and Step LF Forward, RF next to LF, LF forward 10:30

7&8 RF back, LF next to RF, RF forward

Section 4: Kick Ball, Side Point & Side Point & Touch, Coaster Step, Mambo step

1&2&	Kick LF, LF next to RF, Point RF to R Side, RF next to LF
3&4	Point LF to L Side, LF next to RF, Touch RF next to LF
500	DE basis J.E. and to DE. DE Engineerd

5&6 RF back, LF next to RF, RF Forward7&8 Rock LF Forward, recover on RF, LF Back

Section 5: Full Turn Back, Anchor Step, Anchor Step, Rock Back + Kick

1-2	½ turn R and Step RF forward, 1	1/2 turn R and I F back (ontion :	RF back F back) 09:00
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3&4 Anchor Step RF: Lock RF behind LF, Recover on LF, Step slightly back on RF 5&6 Anchor Step LF: Lock LF Behind RF, Recover on RF, Step slightly back on LF

7-8 Rock Back RF + Kick LF, Recover on LF*

Section 6: Cross Side Rock, Cross Side Rock, Step Pivot ½ turn L, Full Turn L

1&2	Cross RF over LF, Rock LF to L side, Recover on RF
3&4	Cross LF over RF, Rock RF to R Side, Recover on LF

5-6 RF forward, Pivot ½ turn L 03:00

7-8 ½ turn L and Step RF Back, ½ L and Step RF forward (option: RF forward, LF forward) 03:00

Bonne danse...

country@webchalon.be - http://countrylinedance.webchalon.be

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