

Anybody Else

拍数: 40 墙数: 2 级数: Advanced NC2S
编舞者: Dee Musk (UK) & Esmeralda van de Pol (NL) - June 2022
音乐: Anybody Else - Faouzia : (Album: Citizens)



Quick intro – Approx 2 Secs - Start on the word 'Love' - Track Approx 3 mins 21 secs.

Side, Back Rock, Recover, Side Rock, Recover, Run Forward L, R, Forward Rock, Recover Drag, Run Back L, R, Step Back, Together.

1,2& Step R to R side, cross rock L behind R, recover weight to R.
3&4& Rock L to L side, recover weight to R, run forward L, run forward R.
5,6 Rock forward on L, step back on R dragging L to beside R.
7&8& Run back L, run back R, step back on L, step R beside L. (12 o'clock).

Cross Rock, Recover, Side, Cross, Side, Behind, ¼ Turn L, Step Twist ½ Turn L, Twist ½ Turn R with Sweep, Cross, Side.

1,2& Cross rock L over R, recover weight to R, step L to L side.
3&4& Cross R over L, step L to L side, cross step R behind L, make ¼ turn L stepping forward on L.
5,6 Step forward on R, twist ½ turn L (weight forward on L).
7 Twist ½ turn R sweeping L to in front of R (weight forward on R).
8& Cross L over R, step R to R side. (9 o'clock).

¼ Fallaway Turn L, Cross Rock, Recover, ¾ Turn R, ¼ Turn R with Lunge, ½ Turn L with Sweep, Cross, Back, Side, Cross.

1 Make 1/8 turn L stepping back on L (facing 7.30).
2& Step back on R, make 1/8 turn L stepping L to L side (facing 6.00).
3& Cross rock R over L, recover weight to L.
4&5 Make ¼ turn R stepping forward on R, make ½ turn R stepping back on L, make ¼ turn R lunging R to R side.
6 Make ½ turn L on ball of L sweeping R to in front of L.
7&8& Cross R over L, step back on L, step R to R side, cross L over R. **** (Restart 2)**** (12 o'clock).

Side, 3/8 Fallaway Turn L, Cross Step, ¾ Turn L, Prissy Walk Forward R, L, R, Mambo ½ Turn L.

1,2&3 Step R to R side, make 1/8 turn L stepping back on L, step back on R, make ¼ turn L stepping L to L side (facing 7.30).
4& Cross R over L, unwind ¾ turn L (weight on L facing 10.30).
5-7 Prissy walk forward stepping R, L, R (facing 10.30). *(R 1 with step change – see below)*
8&1 Rock forward on L, recover weight to R, make ½ turn L. (4.30 o'clock).

Full Spiral Turn L, Prissy Walk Forward L, R, Forward Rock, Recover, Step Back, 1/8 Turn R, Full Pencil Turn R.

2 Step forward on R unwinding a full turn L (weight back on R facing 4.30).
3,4 Prissy walk forward L, R.
5,6& Rock forward on L, recover weight to R, step back on L.
7,8 Make 1/8 turn R stepping R to R side, (facing 6.00), make full pencil turn R stepping L beside R.

(Alternative step for count 8 – step L beside R). (6 o'clock).

(*Restart 1 with step change – during Wall 2)*

Dance to count 7 of section 4 – then add the following steps and begin again facing 12.00.

Step 5/8 Turn R, Step Side, Back Rock, Recover.

1&2 Step forward on L, make a 5/8 turn R, step L to L side.

3& Cross rock R behind L, recover weight to L.

****Restart 2 – during Wall 5 – begin again facing 12.00**.**

Ending – Begin wall 7 facing 6.00 – dance to count 5 then make ½ turn R, step forward on L, sweep R to in front of L. Tah Dah!!!

We hope you enjoy our dance to this awesome track ☐ XxX.

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