In a Second

拍数: 64

级数: High Beginner

编舞者: Sally Hung (TW) - June 2022

音乐: Intr-o Secunda - Betty Blue

SOD: Tag after Wall 2, facing 6:00, Tag after Wall 5, facing 9:00

墙数:4

Intro: 40 counts from heavy beats

Tag (8 counts) JAZZ BOX, STEP TOGETHER, SWIVELS

- 1-4 Step R across L, Step back on L, Step R to R side, Step L fwd
- 5-8 Step R fwd, Step L together, Swivel both heels out to R, Swivel both heels back to center

MAIN DANCE (64 COUNTS)

S1. SIDE, TOGETHER, FWD, BRUSH, VINE L, TOUCH

- 1-4 Step R to R side, Step L together, Step R fwd, Brush L
- 5-8 Step L to L side, Step R behind L, Step L to L side, Touch R next to L

S2. SIDE, TOGETHER, BACK, TOUCH, OUT, IN, BIG STEP, DRAG

- 1-4 Step R to R side, Step L together, Step back on R, Touch L together
- 5-8 Touch L toe to L side, Touch L toe beside R, Big step L to L side, Drag R towards L

S3. VINE R, TOUCH, VINE L W/ 1/4 TURN L, TOUCH

- 1-4 Step R to R side, Step L behind R, Step R to R side, Touch L next to R
- 5-8 Step L to L side, Step R behind L, 1/4 Turn L stepping L fwd, Touch R next to L

S4. ROCKING CHAIR, STEP, PIVOT 1/4 TURN L, TOGETHER X2

- 1-4 Rock R fwd, Recover on L, Rock back on R, Recover on L
- 5-8 Step R fwd, Pivot 1/4 turn L, Step R beside L, Step L together

S5. STEP LOCK STEP TOUCH (X2)

- 1-4 Step R fwd, Lock L behind R, Step R fwd, Touch L behind R
- 5-8 Step L fwd, Lock R behind L, Step L fwd, Touch R behind L

S6. BACK - TOUCH (X2), OUT OUT IN IN

- 1-4 Step back on R, Touch L together, Step back on L, Touch R together
- 5-8 Step R out to R side, Step L out to L side, Step R back to center, Step L together

S7. (SIDE ROCK, RECOVER, CROSS, SCUFF) X2

- 1-4 Rock R to R side, Recover on L, Cross step R over L, Scuff L
- 5-8 Rock L to L side, Recover on R, Cross set L over R, Scuff R

S8. JAZZ BOX 1/4 TURN R, FWD, TOGETHER, SWIVELS

- 1-4 Cross R over L, 1/4 turn R stepping back on L, Step R to R, Step L fwd
- 5-8 Step R fwd, Step L beside R, Swivel both heels out to R, Swivel both heels back to center

Happy Dancing!

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