

Loud

拍数: 32 墙数: 2 级数: High Intermediate
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音乐: LOUD - Sofia Carson



Intro: 4 Counts, Start at approx 4 secs

SEC 1: Cross, Kick, Rock, Rock, Rock, 1/8 Weave, Step, Together Kick, Mambo, Step, 1/2 Turn

1-2 Cross left over right, step right to right and kick left to left
3&a Rock left to left, rock right to right, rock left to left
4&a Step right behind left, step left to left, Turn 1/8 left step right forward (10:30)
5-6 Step left forward, step right beside left kick left forward
7&a Rock left forward, recover weight onto right, step left beside right
8& Step right forward, pivot 1/2 left keeping weight on right (4:30)

SEC 2: Rock, Step, Step, 1/2 Together, Step, Step, 1/2 Pivot, Step Sweep, Step Sweep, 1/8 Cross, Side Rock, Cross, Side, Together

1-2 Rock left forward, recover weight onto right
3&a Step left forward, step right forward, turn 1/2 left step left beside right (10:30)
4&a Step right forward, step left forward, pivot 1/2 right transferring weight onto right (4:30)
5 Step left forward sweeping right from back to front
6 Step right forward sweeping left from back to front
7&a Turn 1/8 left cross left over right, rock right to right, recover weight onto left (3:00)
8&a Cross right over left, step left to left, step right beside left

SEC 3: Side, 5/8 Step Hitch, Cross Rock, 1/8 Ball Cross, 1/4 Step, 1/2 Sweep, Touch, Step, 1/2 Sweep, Touch

1-2 Step left to left, turn 1/4 right step right forward turning 3/8 right hitching left (10:30)
3-4 Cross rock left over right, recover weight onto right
&a Turn 1/8 left step left beside right, cross right over left,
5 Turn 1/4 left step left forward turn 1/2 left sweeping right from back to front
6 Touch right beside left (12:00)
7 Step right forward turn 1/2 right sweeping left from back to front
8 Touch left beside right (6:00)

SEC 4: Step, Rock, Back, Back Rock, 1/2 Back, Back Rock, 1/4 Side, Sailor Step, 1/4 Sailor Turn

&1-2 Step left forward, rock right forward, recover weight onto left
&3-4 Step right back, rock left back, recover weight onto right
&5-6 Turn 1/2 right step left back, rock right back, recover weight onto left (12:00)
&7&a Turn 1/4 left step right to right, step left behind right, step right to right, step left to left (9:00)
8&a Step right behind left, turn 1/4 left step left to left, step right to right (6:00)