Fresh Coat of Paint



编舞者: Lynn Funk (USA) - June 2022

音乐: Fresh Coat of Paint - Lee Roy Parnell



Dance starts at 32 counts at vocals.

Step Right, Left Kick, Rock/Recover; Step Left, Right Kick, Rock/Recover

Step RF to Right, Kick LF Diagonal Left, Rock Back on LF, Recover on RF
Step LF to Left, Kick RF Diagonal Right, Rock Back on RF, Recover on LF

Hip Dips and Points Right and Left x 2

Step RF to Right and Dip your Hips to Right, Straighten and Point L Toe to Left Side
Step LF to Left and Dip your Hips Left, Straighten and Point R Toe to Right Side
Repeat 1-2
Repeat 3-4

The 2 Restarts are here

Lock Step R with Toe Touch, Lock Step L with Toe Touch

1-4 Step RF Diagonal Right and Forward, Lock LF Behind RF, Step RF Forward, Touch L Toe

Next to RF

5-8 Step LF Diagonal Left and Forward, Lock RF Behind LF, Step LF Forward, Touch R Toe

Next to LF

Grapevine R and Grapevine L with 1/2 Left Turn

1-4 Step RF to R, Step LF Behind RF, Step RF to R, Touch L Toe Next to RF

5-8 Step LF to L, Step RF Behind LF, Step LF to Left with 1/2 Left Turn, Touch R Toe Next to LF

(6:00)

Restart the Dance.

Restarts: There are two easy restarts. They are exactly the same. The FIRST restart will be the SECOND time at 12:00. Dance the first 16 counts and RESTART. The SECOND restart will be the THIRD time at 6:00. Dance the first 16 counts and RESTART.

Tag: There is an easy TAG the FOURTH time at 12:00. It is 4 counts and happens BEFORE starting the dance.

1-4 Step or Hop the RF to Right, Touch L Toe Next to RF, Step or Hop the LF to Left, Touch R

Toe Next to LF

Optional Ending. The dance ends facing the front wall but there is a bit more music, I just did EIGHT sliding steps back and TADA.

Have Fun!

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