Dancin' (Chair Dance)



拍数: 32 墙数: 1 级数: Beginner Chair Dance

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音乐: Dancin' Across the USA - Lindsey Buckingham



Intro: 32 counts (wait 32 c's because it starts right away)

Arm movement is up to you.

Remember to sit nice and tall on the edge of your chair. No slumping! Keep your back straight!

Step Box Pattern 2x

1-4 Step R fwd. Step L fwd. Step R to R side, Step L to L side,
5-8 Step R side, Step L side, Step R to center, L to center.

1-8 Repeat pattern once more

Out, Out, In, In, R Then L

Step R to R side, Step L to L side, Step R in, Touch L in,
Step L to L side, Step R to R side, Step L in, Touch R in

Step Kick R Then L

1-4 Step R fwd. Kick L fwd. Step back on L, Step on R5-8 Step L fwd. Kick R fwd. Step back on R, Step on L

That's it! Remember if you want, move your arms with the beat of the music to make it harder. Please do not alter routine without my permission. Thank you, mygeo@adamswells.com