

Good to Be Back

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Bambang Satiyawan (INA) - June 2022
音乐: Good to be back (Dj Jazzy D Remix) - Natalie Cole



Start dance on vocal,

SECTION I. KICK BALL TOUCH-TURN ¼ LEFT AND SAILOR COASTER-HEEL JACK-CLOSE-CROSS-TURN AND SIDE-CLOSE

1&2 Kick RF forward, Close RF beside LF, Touch LF to side
3&4 Turning ¼ left Step LF back, Close RF beside LF, Step LF forward
5&6& Cross RF over LF, Step LF to side, Touch Right Heel diagonal forward, Close RF beside LF
7&8 Cross LF over RF, Turn 1/8 left Step RF to side, Close LF beside RF

***Restart here on wall 4 still facing diagonal (01.30) and after Kick Ball Touch do the sailor coaster turn with turn making facing 09.00**

SECTION II. HEELS UP-MAMBO STEP-BACK STEP WITH HEEL GRIND-TURN AND COASTER STEP

&1&2 Up your Heels, Drop your Heels, Up your Heels, Down your Heels
3&4 Step RF forward, Step LF in place, Step RF back
5 – 6 Step LF back and Grind your Right Heel, Step RF back and Grind your Left Heel
7&8 Turn 1/8 left Step LF back, Close RF beside LF, Step LF forward

SECTION III. SIDE ROCK-TURN ¼ LEFT RECOVER-CHASSE-JAZZ BOX MODIFIED-CROSS MAMBO

1 – 2 Rock RF to side, Turn ¼ left and Recover on LF
3&4 Step RF to side, Close LF beside RF, Step RF to side
5&6 Cross LF over LF, Step RF back, Step LF to side
7&8 Cross RF over LF, Step LF in Place, Step RF to side

SECTION IV. TOE STRUT-TURN AND TOE STRUT-SIDE AND KNEE POP-HITCH-LONG SIDE STEP-CLOSE

1&2& Touch LF beside RF, Step LF in place, Touch RF in place, Turn ¼ right Step RF to side
3&4 Touch LF beside RF, Step LF in place, Touch RF beside LF
5 – 6& Step RF to side and push right knee to side twice (x2), Hitch RF
7 – 8 Step RF long to side, Close LF beside RF

Enjoy the dance,

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