My Girl Left Me



编舞者: Susan Reynolds (USA) - June 2022

音乐: Hot Dog - Led Zeppelin



NO TAGS OR RESTARTS

Intro: 16 counts from the first beat.

The dance starts with music only, not when the singing begins

WALK, WALK, SIDE MAMBO RIGHT AND LEFT, KICK BALL CHANGE

1-2	Step R forward, Step L forward
3&4	Rock R to side, Step L in place, Step R beside L
5&6	Step L to side, Step R in place, Step L beside R
7&8	Kick R forward, Step R back slightly, Step L in place

SHUFFLE 2X, ½ TURN,

1&2	Step R forward, Step L forward beside L, Step R forward
3&4	Step L forward, Step R forward beside L, Step L forward
5&6	Step R forward as turn 1/4 L (weight goes back to L)
7&8	Step R forward as turn 1/4 L (weight goes back to L)

K-STEP

1&2	Step R diagonally forward, Touch L beside R
3&4	Step L back diagonally, Touch R beside L
5-6	Step R back diagonally, Touch L beside R
7-8	Step L forward diagonally, Touch R beside L

1/4 TURN LEFT, COASTER, ROCK, RECOVER, CROSS & CROSS

1-2	Step R forward as turn ¼ L (weight goes back to L)
3&4	Step R back, Step L back beside R, Step R forward.

5-6 Rock L to side, Recover on R

7&8 Cross L over R, Step R in place, Cross L over R

The dance moves clockwise.

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Check out my other dances on YouTube at https://www.youtube.com/channel/UC9fZ7RsPWtHkL9lJkd1CPkA