

Mi Amigo

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Pat Stott (UK) - June 2022
音乐: Mi Amigo (feat. Asleep at the Wheel) - Randy Rogers & Wade Bowen



Intro: 32 counts (17 seconds), no tags or restarts!

Heel & heel & kick, ball, step, side & side & kick, ball step

- 1&2&. Right heel forward, close, left heel forward, close
- 3&4. Kick right forward, step on ball of right next to left, forward on left
- 5&6&. Right toe to right, close, left toe to left, close
- 7&8. Kick right forward, step on ball of right next to left, forward on left

1/4 pivot left, cross shuffle, 1/2 hinge right, cross shuffle

- 1-2. Forward on right, 1/4 pivot left transferring weight to left
- 3&4. Cross right over left, left to left on ball of foot, cross right over left
- 5-6. 1/4 turn right stepping back on left, 1/4 turn right stepping right to right
- 7&8. Cross left over right, right to right on ball of right foot, cross left over right

Rock right, recover, rock right, recover, jazz box

- 1-4. Rock right to right, recover on left, rock right to right, recover on left (letting hips swing out to right as you rock out to right)
- 5-8. Cross right over left, back on left, right to right, step forward on left

Point, point, sailor step, point, point, sailor 1/4 left

- 1-2. Point right toe forward, point right to right side
- 3&4. Cross right behind left, left to left, right in place
- 5-6. Point left toe forward, point left to left side
- 7&8. Cross left behind right, turn 1/4 left stepping right to right, step in place on left

Rock forward, recover, 1 & 1/2 triple turn right, rock forward, recover, 3/4 shuffle left

- 1-2. Rock forward on right, recover on left,
- 3&4 Triple 1 & 1/2 turn right (RLR) OR easier option 1/2 shuffle right
- 5-6. Rock forward on left, recover on right,
- 7&8. Shuffle (LRL) 3/4 turn left

Vine right, tap & clap, turn left 1/4, 1/2, 1/2 shuffle

- 1-4. Right to right, cross left behind right, right to right, tap left out to left & clap (turn body slightly right to prep for the left turn)
- 5-6. Turn 1/4 left stepping forward on left, turn 1/2 left stepping back on right
- 7&8. Shuffle 1/2 left (LRL)

End of music: dance 8 counts, stomp forward "Ta Da!"

Best Wishes - Pat